



وَقَالَ رَبُّكُمْ ادْعُونِي أَسْتَجِبْ لَكُمْ



THE SOLUTION TO A HUNDRED PROBLEMS IN THIS WORLD AND THE HEREAFTER

Written and compiled by
Syed Abid Hussain Zaidi

Pegham-e-Wahdat-e-Islami



THE SOLUTION TO A HUNDRED PROBLEMS IN THIS WORLD AND THE HEREAFTER

Written and compiled by
Syed Abid Hussain Zaidi

Translated by
Mrs. Tabassum Jafri

Pegham-e-Wahdat-e-Islami

A-46, Block 20, Sadaat Colony, F.B Area, Karachi.

Ph: 0334-3102169, 0333-2136992, 0213-6366644

Online Lectures : vimeo.com/alqaaaim/videos
youtube.com/zeezaidi

Join Us : facebook.com/madrasatulqaaaim

Email Us : madrasatulqaaaim@hotmail.com

INDEX

No.	Problem	Pg No.
1	Why are my prayers not answered?	11
2	My prayers are often 'qaza'(belated)	14
3	Fajr prayers often get 'qaza' because of oversleeping	14
4	Can not wake up in time for 'Tahajjud' despite being aware of its importance	15
5	I have not been able to perform Hajj despite great desire to do so	16
6	I am a weak-willed person	18
7	I am dull and not very intelligent	19
8	I can not cleanse my heart of resentment and ill-feeling towards people	19
9	I fear that my good actions and prayers will not be accepted	20
10	I am full of apprehensions regarding my status in Paradise	20
11	I dread a sudden and untimely death	21
12	I dread an early death	21
13	I am full of apprehensions regarding the bad deeds of my family members	22
14	I feel as if Satan has taken up abode in my home	23
15	My offsprings have become drunkards or drug addicts	23
16	My offsprings do not obey me	24
17	My whole family is afflicted with problems and difficulties	24
18	I can not find good suitors for my sisters and daughters	24
19	I can not marry the person of my choice (my proposal is not accepted)	25
20	I can not find time to recite the Holy Quran daily because of my busy schedule	25
21	My heart is filled with worldliness, immorality and lust	26
22	I often suffer loss in my business transactions	27
23	Work is often left incomplete; there is no perseverance in my actions	27
24	I often have to ask people for help	28
25	I am facing immense difficulty and hardship	28
26	I am weak in mathematical calculations	30
27	I am seldom able to perform virtuous deeds	30
28	Often my entire day is spoilt	31
29	My children often suffer ill health	31

30	I am afraid of failure in starting a business	32
31	My home, shop and business are not blessed with abundance	32
32	I am often deceived by people	33
33	I dread to think of my previous sinful life	33
34	I am afraid of failure when I commence work	35
35	I worry about the sins of my parents	36
36	People are not very fond of interacting with me	36
37	I always dread being robbed by thieves and burglars	37
38	I feel as if I am afflicted with hypocrisy	37
39	There is no love for the parents	38
40	I feel the effects of magic	38
41	I feel the effects of jinns	38
42	Despite repentance, I often commit sins	39
43	I dread being afflicted with contagious diseases and germs	40
44	I am not able to recite lengthy supplications despite great desire to do so	40
45	Whenever I visit anyone, I get involved in backbiting	41
46	Despite repentance, I dread the backbiting committed in my past life	41
47	I have sworn many false oaths in my past life	41
48	I fear greatly the calamities of the grave	42
49	I get involved in sins very easily	42
50	I feel that I lack greatly in conviction	44
51	I fear getting ill as a result of consuming certain foods	44
52	Despite my long life, I have not been able to perform many good deeds	45
53	I can not thank Allah enough for His blessings	47
54	I dread the judgement in the Hereafter	47
55	I dread the fire of Hell	48
56	Despite my efforts, I can not memorise the Surahs of the Holy Quran	49
57	My mind is always inundated with satanic superstitions and doubts	50
58	I am always losing things and forgetting where I kept them	51
59	I am fettered with debts and can not figure out how to pay them	52
60	I am worried about the safety of my house	54
61	I am afraid that because of my deeds, I might not be worthy of the companionship of the Holy Prophet (SAWW) and Maula Ali (AS) in the hereafter	54
62	I am very apprehensive about the hereafter	55
63	I am filled with fear when I think that I might be thrown in Hell	56
64	People have become my enemies	56

65	I feel that I no longer trust and rely on Allah	57
66	I have no respect among people and what I say has no importance	58
67	People hurl accusations and charges on me	59
68	I am not getting promoted to a higher level at the workplace	59
69	Upon leaving the house, I fear being robbed	60
70	I and my family members are mostly ill	60
71	I am facing financial difficulties	64
72	I wish to have abundant and lawful sustenance	71
73	I feel as if my heart has become absolutely dark	71
74	How unfortunate I am that I have not yet been blessed with the ziarat of the Holy Prophet (SAWW)	72
75	Why is it that each and every prayer of mine is not answered in the affirmative?	73
76	How unfortunate I am that I have not been blessed with the ziarat of my Imam-e-Zamana (AS)	73
77	I fear my own ignorance	73
78	I greatly dread that my life will end badly (sinfully)	74
79	I greatly fear the agonies of death	74
80	When faced with great difficulty and calamity, I can't think of what to do	75
81	I can not achieve sincerity in religious acts	76
82	My boss is very strict and harasses me a lot	76
83	There is constant discord and disharmony between spouses	77
84	Muslims and Mumineen are greatly oppressed by kafirs and disbelievers	78
85	I fear that civil war may break out in my city or country or the neighbouring country may attack us	80
86	Despite witnessing sins and blasphemous acts, I am unable to protest	80
87	I have become faint-hearted	81
88	I wish to be cured completely of all illnesses	81
89	My memory has become weak and I often forget	82
90	I often suffer lapses of memory during namaz	84
91	I wonder if I will be able to achieve martyrdom	84
92	I suffer from chronic depression and grief	85

93	I am issueless	87
94	I am blessed with daughters but still wish to have a son as well	88
95	I suffer miscarriages during pregnancy	92
96	Hepatitis and jaundice have become rampant	92
97	I dread failure when initiating anything important	93
98	I lack foresight and am unable to predict loss	94
99	Upon meeting someone or upon leaving a social gathering, I regret greatly the happenings that occur there	94
100	I am often afflicted with migraine and headaches	95

“The home where Quran is recited and Allah's name is taken, there, blessings are increased. In that home, angels enter and satans run away. The creations in the sky view that home as luminous like a star. Blessings and abundance are decreased in the home where the Holy Quran is not recited and the Divine name is not taken. Angels leave that home and satans Enter it.”
(Usul-e-Kafi-Bab-e-Fazilat-e-Quran)

FOREWORD

Respected readers,

This world is a house, full of grief and worries. Everyone has his own worries. Sometimes these are financial worries or worries regarding disease; there might be worries about respect and dignity, or worries from enemies; there might be worries regarding marriage or those related to children. These are those instances when one asks and prays for marriage and children as a blessing of Allah but when one is bestowed with these bounties, they turn out to be a calamity or a burden which one had not anticipated. Where previously there were no appropriate marriage proposals, there are now constant battles between the spouses after having entered matrimony.

The list of worries is endless and the solution to all of them lies simply in the attainment of Allah's pleasure. He who possesses the treasures of riches and fame, health, happiness and contentment should be appeased. Is there any blessing in heaven or on earth which Allah's power does not encompass? Is there any bounty that is not included in His kingdom? Is there any difficulty which Allah cannot ease?

Without pleasing the owner of a fortune, is it possible to avail any benefit from it? It might be possible to forcibly or deceitfully derive benefits from a person by stealing or pressurizing that person. But can all these tactics be applicable in Allah's domain? It is unthinkable to force Him or rob Him or to steal from Him. Hence, the key to the solution for all problems lies in His pleasure. Thus He himself says in the Holy Quran (Surah Nahl, verse no 97)

مَنْ عَمِلَ صَالِحًا مِّنْ ذَكَرٍ أَوْ أُنْثَىٰ وَهُوَ مُؤْمِنٌ فَلَنُحْيِيَنَّهٗ حَيٰوةً طَيِّبَةً ۚ
وَلَنَجْزِيَنَّهُمْ أَجْرَهُمْ بِأَحْسَنِ مَا كَانُوا يَعْمَلُونَ۔

Translation: “ Whosoever did good, whether male or female, and is a believer, We shall certainly make him (or her) live a good and pure life, and We shall certainly give them their return for the best of what they were doing.”

And if a person disobeys, then according to Surah Taha

“But whoever turns away from My admonition, his livelihood (means) shall be restricted; and on the Day of Judgment We shall raise him blind. He shall say! “O my lord! Why have you raised me blind,

whereas surely I was able to see?” Allah will say: “ So (it must be) because Our signs came to you but you ignored them, so (in like manner) you are ignored this day.” And thus shall We recompense him who transgresses and does not believe in the signs of his Lord; and surely the torment of the hereafter will be far more severe and more lasting.” (Surah Taha; verses 124-127)

Allah has made him self very clear by saying that even if he achieves all the fame and glory of the world, the heart of the transgressor will never be at ease and because of his disobedience he will always remain troubled.

Is there a solution to these troubles?

The Almighty says:

“Those who believe and do good, for them is bliss and a beautiful place of return.”

(Surah Ar-rad verse 29)

What are good deeds.?

Let no one be deceived into believing that by merely acting upon certain recommended rituals or verbal recitations, one can achieve salvation, without abstaining from sins. If there are any troubles, it is not enough to merely count on the rosary beads, or recite a surah or a supplication. Please remember that the road to salvation lies in abstinence from sins. If a person acts upon a recommended ibadat excessively, he will not be spared from Hell until and unless he renounces sin. The Holy Prophet (S.A.W.W) says:

“Several groups of people shall arrive on the Day of Judgment, whose good deeds will be as great as huge mountains (yet), they shall be thrown in Hell.”

The companions questioned that whether the namazis (those who pray) will also be thrown in Hell. The Holy Prophet replied,

“Yes. They prayed regularly, they fasted, they even woke up in the night to pray but whenever they got an opportunity to sin, they jumped at it”

The Lord is not pleased with mere recitations and supplications:

He is pleased with the compliance of His orders. If a person neglects his obligations, helps the poor but does not pay khums, gives charity for the construction of a mosque but does not perform obligatory Hajj, takes bribes, does not measure honestly, or even does mixing, usurps

the rights of others, and believes erroneously that he has fulfilled the conditions of pious deeds; gives alms, recites a few chapters of Holy Quran, then this person is deceiving himself.

Allah says about such persons:

الَّذِينَ ضَلَّ سَعْيُهُمْ فِي الْحَيَاةِ الدُّنْيَا وَهُمْ يَحْسَبُونَ أَنَّهُمْ يُحْسِنُونَ صُنْعًا

Translation: They are those who have lost their strivings in the life of this world while they deem that they were acquiring good by their deeds. (Surah Kahaf: Verse 104)

Renunciation of sins and performance of obligations form the basis of good deeds:

The person who performs his religious duties and stays away from sins will automatically become used to reciting supplications and prayers. He will not be able to keep himself from glorifying the Beloved. Staying away from sins is the cure whereas performance of recommended acts is the nutritional supplement. If the disease is not cured then mere nutritious foods will not have any benefit, in fact they might even cause harm. The renunciation of sins is like a strongly constructed building and recommended prayers and litanies are its decoration and ornamentation. If the foundations are not strong enough then outward embellishments will not come in use. Repentance of sins and cleansing of the heart is a sand paper and recommended acts and prayers are like a polish. Dirty laundry and corroded iron do not accept paints and polishing. This paint will not have sheen and will not be durable. If we do not remove the dirt and rust from the object that needs to be painted, then we have not appreciated the worth of the paint. That is why Maulana Rum says:

Translation: “Love for the Lord is not reflected in the mirror of your heart because it has become rusted with sins. Clear the rust and then you will be able to perceive the light of revelation.”

Has Allah imposed these problems upon us?

He says:

ظَهَرَ الْفَسَادُ فِي الْبَرِّ وَالْبَحْرِ بِمَا كَسَبَتْ أَيْدِي النَّاسِ ۖ

Translation: “Mischief has spread over land and sea because of what the hands of men have wrought” (Surah Rum: Verse 41)

In another instance He says:

وَمَا أَصَابَكُمْ مِنْ مُصِيبَةٍ فَبِمَا كَسَبَتْ أَيْدِيكُمْ وَيَعْفُوا عَنْ كَثِيرٍ ۝

Translation: “Whatever misfortune befalls you is the consequence of what your hands have earned; yet He forgives much.” (Surah Shura: Verse 30)

On the other hand, He narrates the benefits of obeying Him as:

وَأَنْتُمْ الْأَعْلَوْنَ إِنْ كُنْتُمْ مُؤْمِنِينَ ۝

“And do not lose heart and do not grieve, for you shall have the upper hand if you are (true) believers.” (Surah Al-e-Imran: Verse 139)

He says in Surah Nuh (AS):

“And I said: “Seek forgiveness of your Lord. Verily He is ever most forgiving. He will send you abundant rain from the heavens, and will help you with wealth and sons, and will make for you gardens and will make for you rivers.” (Verses 10 to 12)

When sins are rampant then our sustenance gets meagre instead of being abundant; there are fears, dangers and worries instead of peace.

He says:

وَضَرَبَ اللَّهُ مَثَلًا قَرْيَةً كَانَتْ آمِنَةً مُطْمَئِنَّةً يَأْتِيهَا رِزْقُهَا رَغَدًا مِنْ كُلِّ مَكَانٍ فَكَفَرَتْ بِأَنْعَمِ اللَّهِ فَأَذَّا قَهَا اللَّهُ لِبَاسَ الْجُوعِ وَالْخَوْفِ بِمَا كَانُوا يَصْنَعُونَ ۝

“Allah sets forth a similitude. A town that was safe and secure, its sustenance came to it in abundance from every side, then it became ungrateful to the bounties of Allah; so Allah made it taste the extreme of hunger and fear because of what they were doing.” (Surah Nahl: Verse 112)

On the other hand, He says with regard to His obedience

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ ۚ وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ ۚ

“Whosoever fears (the wrath of) Allah, He will make a way out for him, and provide him with sustenance from where he does not reckon. Allah is sufficient for him who relies on Him.” (Surah Talaq: Verse 2, 3)
On one occasion, the Prophet Mohammad (S.A.W.W) says:
“I know a Quranic verse upon which when people act then it will suffice to get rid of worries.” After this the Holy Prophet (S.A.W.W) recited this verse:

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مِنْ أَمْرِهِ يُسْرًا.

“Whosoever fears (the wrath of) Allah, he will make things easy for him.” (Surah Talaq: Verse 4)

We should not display impatience when there is delay in the acceptance of duaa:

The believer should realize that when he has established a relationship of love with the Creator, then he should make haste to repent if he accidentally disobeys Him. We know this for a fact that He loves His creations greatly and He has full knowledge of our affairs. He has the full power to remove our worries and problems and yet my conditions are not improving. What could be wrong? There is surely some benefit in it for me. The mother who does not allow her child to consume something harmful despite his crying and wailing, realizes fully that it is harmful for him. The kindly doctor instructs us to stay away from certain foods when we are ill because they are harmful.

The doctor merely tells us verbally to abstain from harmful foods. But the Creator loves the creations intensely; the doctor injects medicines, conducts operations which the patient readily agrees to, realizing that the doctor is his well-wisher and benefactor. Even though the doctor expects his fees to be paid; his diagnosis may be faulty; his love for the patient is unreliable and uncertain: his expertise may be imperfect. On the other hand, Allah loves His creations completely, His expertise and knowledge is seamlessly perfect. The knowledge and love of the mother and the doctor is imperfect while that of Allah is complete and perfect. He knows fully well when and what to bestow upon his creations.

The believer should not be so ungrateful as to immediately start grumbling and groaning as soon as he is confronted with difficulties and problems.

The Prophet Luqman (AS) was once a slave. His master asked him to fetch a cucumber from the garden. When Luqman (AS) bought it, his master told him to eat it. He started eating it with great relish, saying Subhan Allah and enjoying it as if it was really delicious. When his master tasted the cucumber, he discovered that it was highly bitter. He asked Luqman (AS) why he had not told him about its bitterness. Luqman (AS) replied (for the benefit of ignorant people like us): “The Lord feeds me a thousand sweet things then should I make a face when he feeds me just one bitter thing.”

We must have witnessed several passengers hanging on to the bus rails. They think they only have to hang on for a few minutes and this thought makes it easier for them to hang on. When two passengers quarrel over a seat during a journey then they are advised by the wise person, that this is just a transient phase and the journey will soon be over so be patient and refrain from dispute.

The same is the case with the Hereafter. He who cares for it, his vision is increased and his bond with Allah is strengthened. He realizes that this world is transient and short-lived and he should hang on. If there is respect, fortune, progeny, beauty and rank here then there is also on the other hand, poverty, disease, grief and calamity as well. Allah's slave knows that he should not be vain when there is fortune and blessings and he remains calm when there is pain and grief. This is because he knows that this is transient and will pass by, this phase will end and eternal life will begin.

then we should fast for 7 days. (if there are any qaza fasts then they be observed) and offer 2 rakats of namaz every day whose first rakat should have 3 times Surah Tariq and the second rakat should have Surah Ikhlas 10 times after Surah Fateha. We should then recite 7 times after completing the prayer (namaz):

سُبُّوحٌ قُدُّوسٌ رَبُّ الْمَلَائِكَةِ وَالرُّوحِ

After this we should recite Ayat ul Kursi 91 times (so that the wish will surely be fulfilled)

7th solution:

Religious scholars advise that: "Perform ghusl (bath) on Friday and offer 2 rakats of namaz-e-hajat before the Zuhur prayer (like the Fajr prayer) and then recite 1047 times

مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Recite this and gift it to Hazrat Imam Mohammad Taqi (A.S) whose exalted self shall intercede on our behalf and our supplication will be complied with (God willing).

8th solution:

Offer namaz-e- hajat everyday after the Maghrib prayer for 41 days and then say:

يَا مَنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ

Then 3 times say يَا رَبِّ

Then say once يَا عَبَّاسَ ابْنَ عَلِيٍّ ابْنَ أَبِي طَالِبٍ

Then say أَلَا مَانُ

Then 3 times say أَذْرِكُنِي

And continue reciting this sentence in the same breath and offer supplication in the end. During these 41 days, the wish will inshallah be fulfilled and continue this solution even after the prayer is answered.

9th solution:

For the fulfilment of all wishes recite every day for 15 days 1780 times

وَأَفْوِضْ أَمْرِي إِلَى اللَّهِ إِنَّ اللَّهَ بَصِيرٌ بِالْعِبَادِ

If the wish is not granted in 15 days then continue this solution for 40 days at the end of which the wish will inshallah be granted.

10th solution:

Sheikh Bihaee says:

"If we recite 70 times this litany for the fulfilment of any wish then it will certainly be granted

لَا إِلَهَ إِلَّا اللَّهُ بَعِزَّتِكَ وَقُدْرَتِكَ لَا إِلَهَ إِلَّا اللَّهُ بِحَقِّ حَقِّكَ لَا إِلَهَ إِلَّا اللَّهُ فَرَّجْ بِرَحْمَتِكَ

11th solution:

Imam Ali Raza (A.S) says that:

"For the fulfilment of all prayers recite 200 times this name of Allah,

“الْمُجِيبُ”

(Inshallah the prayer will be answered)

Problem no.2

My prayers are often qaza (belated)

Solution:

Imam Jafar Sadiq (A.S) says:

"The person who neglects the obligatory prayers will start praying regularly if he recites Surah Mominun 7 times."

(Any other person can also act upon this solution for the benefit of the affected person)

Problem no.3

Fajr prayers often get qaza because of oversleeping

Solution:

According to religious scholars:

"If we recite this verse before sleeping and request Allah to awaken us from sleep at a specific time then we shall be awakened."

That verse is

وَهُوَ الْقَاهِرُ فَوْقَ عِبَادِهِ وَيُرْسِلُ عَلَيْكُمْ حَفَظَةً ۖ حَتَّىٰ إِذَا جَاءَ أَحَدُكُمُ الْمَوْتُ
تَوَفَّتْهُ رُسُلُنَا وَهُمْ لَا يُفَرِّطُونَ ۝

Problem no.4

Can not wake up in time for "tahajjud" despite being aware of its importance

1st Solution:

Hazrat Imam Jafar Sadiq (A.S) says:

The Prophet Mohammad (S.A.W.W) said, " If a person wants to wake up in time for the tahajjud prayer then he should recite this supplication

اَللّٰهُمَّ لَا تُؤْمِنِيْ مَكْرَكَ وَلَا تَنْسِنِيْ ذِكْرَكَ وَلَا تَجْعَلْنِيْ
مِنَ الْغَافِلِيْنَ اَقُوْمُ سَاعَةً كَذَا وَكَذَا

(And mention the specific time at which he wants to awaken)

Translation: O Allah! Do not let me be unafraid of your decision, do not let me neglect your remembrance and do not let me be among the negligent and let me wake up at this and this specific time (mention the time at which you want to awaken)

2nd solution:

The Prophet Mohammad (S.A.W.W) says: "If a person recites the last two verses of Surah Baqarah after the Isha prayer (these two verses) then these are sufficient worship for that night"

اٰمَنَ الرَّسُوْلُ بِمَا اُنْزِلَ اِلَيْهِ مِنْ رَّبِّهِ وَالْمُؤْمِنُوْنَ كُلٌّ ۚ اٰمَنَ بِاللّٰهِ
وَمَلٰئِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ ۚ فَا لَا تُفَرِّقُ بَيْنَ رُسُلِهِ ۚ فَاَوْفَوْا بِاٰمَانَتِكُمْ ۚ

سَمِعْنَا وَاطَعْنَا غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ ۝ لَا يُكَلِّفُ اللّٰهُ
نَفْسًا اِلَّا وُسْعَهَا ۚ لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ ۚ رَبَّنَا لَا
تُؤَاخِذْنَا اِنْ نَّسِيْنَا اَوْ اَخْطَاْنَا ۚ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا اِصْرًا كَمَا
حَمَلْتَهُ عَلٰى الَّذِيْنَ مِنْ قَبْلِنَا ۚ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۚ
وَاعْفُ عَنَّا ۚ وَارْحَمْنَا ۚ اَنْتَ مَوْلَانَا فَانصُرْنَا عَلٰى
الْقَوْمِ الْكَافِرِيْنَ ۝

Problem no.5

I have not been able to perform Hajj (pilgrimage) despite great desire to do so

1st solution:

Abdullah Ibne Fazl was not able to perform hajj and owed money .He came to Imam Jafar Sadiq (A.S) and the Imam said: " Recite after every obligatory prayer:

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ اٰلِ مُحَمَّدٍ وَاَقْضِ عَنِّيْ دَيْنَ الدُّنْيَا وَالْآخِرَةِ .

Abdullah Ibne Fazl enquired: "Maula! I understand the debt of this world but what is the meaning of the debt of the Hereafter?"

At this the Imam replied: "It means pilgrimage to the house of Allah (Kaaba)."

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) said: "If a person recites Surah Naba regularly then inshallah he will be blessed with the ziarat of the Holy Kaaba within a year."

3rd solution:

If a person recites 1000 times everyday

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

then Allah will bless him with the holy pilgrimage.

In some prescriptions the word 'everyday' is not there. Even if this recitation is repeated for one day without making any conversation and completing it, it is sufficient and the person will be blessed with the performance of Hajj. He should recite this

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ.

In some prescriptions, it is recommended to recite this zikr 1000 times for the performance of Hajj:

مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

4th solution:

The person who recites Surah Hajj once every three days will be blessed with the performance of Hajj within the same year. Hazrat Imam Jafar Sadiq (A.S) says: "The year shall not have ended and he will travel towards the Holy Kaaba and if he dies during this journey then he will enter Paradise."

The narrator enquired: "Maula! Even if he is against you (is not a momin) even then?" The Imam replied:

"(In that case) some of his punishments will be reduced."

The Prophet Mohammad (S.A.W.W) says that:

"If a person recites Surah Hajj, Allah rewards with the reward of Hajj and Umrah, as much reward as the number of persons who will or who have already performed Hajj or Umrah."

According to Tafseer Majma-ul-Bayan: "The person who recites Surah WaAdiyat will be given 10 times more spiritual rewards than the

number of pilgrims who stay in Muzdalifah on the night of Eid-ul-Azha."

Problem no.6

I am a weak-willed person

1st solution:

The Prophet Mohammad (S.A.W.W) said that: "If a person recites Surah Dahr regularly, his weak will shall become strong."

2nd solution:

The last four verses of Surah Hashr contain the greatest name of God (Ism-e-Azam) and the recitation of these verses is highly effective for strengthening the will-power. These verses are:

لَوْ أَنزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ لَّرَأَيْتَهُ خَاشِعًا مُّتَصَدِّعًا مِّنْ خَشْيَةِ
اللَّهِ ۚ وَتِلْكَ الْأَمْثَالُ نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ ۝ هُوَ اللَّهُ
الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ ۚ هُوَ الرَّحْمَنُ الرَّحِيمُ ۝
هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ
الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ ۚ سُبْحَنَ اللَّهِ عَمَّا يُشْرِكُونَ ۝ هُوَ
اللَّهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى ۚ يُسَبِّحُ لَهُ مَا فِي
السَّمَوَاتِ وَالْأَرْضِ ۚ وَهُوَ الْعَزِيزُ الْحَكِيمُ ۝

3rd solution:

Hazrat Imam Ali Raza (A.S) says:

"The person who recites الْقَهَّارُ as many times as possible, then he will overcome his will."

4th solution:

To strengthen the will, recitation of **اللَّهُ الصَّمَدُ** excessively will be highly beneficial.

Problem no.7

I am dull and not very intelligent

1st solution:

Recitation of this zikr 100 times daily in the morning at breakfast, is very beneficial for dullness.

لَا إِلَهَ إِلَّا أَنْتَ يَا رَبِّ كُلِّ شَيْءٍ وَوَارِثُهُ

2nd solution:

Recite **يَا سُبُّوحٌ يَا قُدُّوسٌ**

804 times morning and evening with the condition that one should recite this zikr before dawn and on the fourth day he should give sadqa (charity). Inshallah, Allah will bless him with such power that his dullness and stupidity will vanish.

3rd solution:

If a person recites this zikr 1740 times, daily for 40 days then if he is a student, he will inshallah become a scholar. His intelligence and wisdom shall increase so much that he will not find anything difficult again. That zikr is:

الْمُصَوِّرُ الْمُبْدِئُ الْمَعِيدُ الْمُحْيِي الْمُمِيتُ -

Problem no.8

I can not cleanse my heart of resentment and ill-feeling towards people

1st solution:

The Prophet Mohammad (S.A.W.W) says:

“He who wishes that his heart should be free of resentment should recite this everyday once.

يَا حَيُّ يَا قَيُّوْمُ يَا لَا إِلَهَ إِلَّا أَنْتَ أَسْأَلُكَ أَنْ تُحْيِيَ قَلْبِي بِنُورِ مَعْرِفَتِكَ أَبَدًا يَا اللَّهُ

Translation: 'O Living, Eternal and the only Deity, enliven my heart with the light of knowledge, o Allah!'

2nd solution:

Recitation of **يَا فَتَّاحُ**

77 times after every salat (prayer), frees the heart from resentment and malice.

Problem no.9

I fear that my good actions and prayers will not be accepted

1st solution:

According to tradition, if we recite **يَا بَاقِيُ**, every night, 10 times then our good deeds will be accepted by Allah and all our prayers will be granted.

2nd solution:

Imam Mohammad Baqar (A.S) says:

“The person who recites Surah Ma'un in his obligatory and recommended salats will be among those whose prayers and fasts are accepted by Allah and the affairs of his worldly life will not be accounted for.”

3rd solution:

Prophet Mohammad (S.A.W.W) says:

“He who recites Surah WalLail during Isha prayer will be as if he has recited one fourth of the Quran and his salat will be accepted.”

4th solution:

Prophet Mohammad (S.A.W.W) says,

“The person who recites Surah Nasr after Surah Fateha during namaz, then his namaz will not only be accepted but it will be accepted well.”

Problem no.10

I am full of apprehensions regarding my status in Paradise

Solution:

Imam Jafer Sadiq (A.S) says:

“The person who recites Surah Teen in his obligatory and recommended salats will inshallah be granted Paradise according to his wish.”

Problem no.11

I dread a sudden and untimely death

1st solution:

Prophet Mohammad (S.A.W.W) says:

“The person who recites Surah Taghabun will be saved from untimely death.”

2nd solution:

The recitation of **يَا حَيُّ**, thousand times after every salat, always, protects the recitor from sudden death and prolongs his life.”

Problem no.12

I dread an early death

1st solution:

A person came to Imam Sadiq (A.S) and said: “Maula! I have lived a long life, my relatives have died, I have no friend or companion, I fear that I will also die.” Imam Sadiq (A.S) said: “As compared to relatives, pious momin brothers are better for loving. If you wish longevity for your relatives and friends then recite this supplication after every salat and if you wish you can take the name of each and every friend and say: “O Allah! Do not let me encounter anything negative with regard to so-and-so person.” The narrator says that when I started reciting this supplication regularly I was blessed with such a long life that I became exhausted. Sheikh Abbas Qummy says that this is a very authentic supplication and is mentioned in all the books of supplication.”

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ اللَّهُمَّ إِنَّ رَسُولَكَ الصَّادِقَ الْمُصَدِّقَ
صَلَوَاتِكَ عَلَيْهِ وَآلِهِ قَالَ إِنَّكَ قُلْتَ مَا تَرَدَّدْتُ فِي شَيْءٍ أَنَا فَاعِلُهُ كَتَرَدَّدِي
فِي قَبْضِ رُوحِ عَبْدِي الْمُؤْمِنِ يَكْرَهُ الْمَوْتَ وَآكْرَهُ مَسَائِتَهُ
اللَّهُمَّ فَصَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَعَجِّلْ لَوْلِيِّكَ الْفَرَجَ وَالْعَافِيَةَ
وَالنَّصْرَ وَلَا تَسُوْنِي فِي نَفْسِي وَلَا فِي أَحَدٍ مِنْ أَحِبَّنِي.

2nd solution:

Prophet Mohammad (S.A.W.W) says:

“If you want your death to be delayed, if you wish to dominate your enemies and to prevent untimely death, then recite this duaa three times at dawn and at dusk:

سُبْحَانَ اللَّهِ مِلًّا الْمِيزَانَ وَنُتَهَى الْحِلْمِ وَمَبْلَغِ الرِّضَا وَزِينَةِ الْعَرْشِ.

Translation: Allah is purest according to the balance of the scales, till the height of patience, till the achievement of pleasure and till the weight of the skies.

3rd solution:

Aqai Na'iny says in his book 'Gauhar Shab Chiragh': If a person recites this duaa after every Isha salaah, then Allah increases his life by 50 years with certainty. This duaa is

يَا أَكْرَمَ مِنْ كُلِّ كَرِيمٍ وَيَا أَعْظَمَ مِنْ كُلِّ عَظِيمٍ وَيَا أَعَزُّ مِنْ كُلِّ عَزِيزٍ
أَغْنِنَا بِرَحْمَتِكَ وَجُودِكَ وَكَرَمِكَ وَمُدِّ عُمْرِنَا مُدَّةً فِي عَافِيَةٍ.

Problem no 13

I am full of apprehensions regarding the bad deeds of my family members.

1st solution:

Prophet Mohammad (S.A.W.W) says:

“If a person writes Surah Yunus, keeps it in the home and mentions the name of every person in the home then if there is any vice of sin, it will become visible.” (and that person can correct himself)

2nd solution:

According to a tradition of Imam Jafar Sadiq (A.S), recitation of Surah Nur protects the dignity and honour and if it is recited every night, then each of his family members will be protected from the sin of adultery.

3rd solution:

Sheikh Kulayni narrated from Imam Jafar Sadiq (A.S) that he says:

“If a person recites Surah Qadr after each obligatory prayer then Allah will gather all the goodness of the world and the Hereafter for him and will forgive him, his parents and his offsprings.”

Problem 14

I feel as if Satan has taken up abode in my home

1st solution:

Prophet Mohammad (S.A.W.W) says:

“Satan flees the house where Surah Baqarah is recited.”

Imam Zain-ul-Abideen (A.S) says:

“Satan can not even go near the person who recites the last two verses of Surah Baqarah”.

اٰمَنَ الرَّسُوْلُ بِمَا اُنْزِلَ اِلَيْهِ مِنْ رَبِّهِ وَالْمُؤْمِنُوْنَ كُلٌّ اٰمَنَ بِاللّٰهِ وَمَلٰئِكَتِهِ
وَكُتُبِهِ وَرُسُلِهِ قَدْ لَا نُفَرِّقُ بَيْنَ اَحَدٍ مِّنْ رُّسُلِهِ قَدْ وَقَالُوْا سَمِعْنَا وَاَطَعْنَا
غُفْرَانَكَ رَبَّنَا وَاِلَيْكَ الْمَصِيْرُ ۝ لَا يُكَلِّفُ اللّٰهُ نَفْسًا اِلَّا وُسْعَهَا ۚ لَهَا مَا
كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ ۚ رَبَّنَا لَا تُؤَاخِذْنَا اِنْ نَّسِيْنَا اَوْ اَخْطَاْنَا ۚ رَبَّنَا
وَلَا تَحْمِلْ عَلَيْنَا اِصْرًا كَمَا حَمَلْتَهُ عَلٰى الَّذِيْنَ مِنْ قَبْلِنَا ۚ رَبَّنَا وَلَا
تَحْمِلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۚ وَاعْفُ عَنَّا وَاغْفِرْ لَنَا وَارْحَمْنَا ۚ اَنْتَ
مَوْلَانَا فَانصُرْنَا عَلٰى الْقَوْمِ الْكَافِرِيْنَ ۝

2nd solution:

Imam Jafar Sadiq (A.S) says:

“Satan will not be able to enter for three months the home of a person who recites Surah Sajdah at home.”

Problem no.15

My offsprings have become drunkards or drug addicts

Solution:

Imam Jafar Sadiq (A.S) says:

“If we write Surah Muminun on a white cloth at night and tie that cloth on the drinker, then he will never drink wine again and by the grace of God, he will find drinking repulsive.”

Problem no.16

My offsprings do not obey me

Solution:

Imam Jafar Sadiq (A.S) says:

“Recitation of Surah Saf 107 times with the intention of making the offsprings obedient, will make them dutiful and submissive.”

Problem no.17

My whole family is afflicted with problems and difficulties

1st solution:

The family of the person who recites Surah Hadeed will never suffer any difficulty.

2nd solution:

Imam Jafar Sadiq (A.S) says:

“The person who always recites Surah Hadeed and Surah Mujadilah in his obligatory prayers will never be afflicted with any difficulty by Allah and his family will never face any problems.”

3rd solution:

Shaheed Thani (R.A) says:

“Recitation of this supplication is extremely beneficial for the prevention of all types of afflictions and tribulations and for the protection of the life and property of the family members.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ اُوْدِعْتُ نَفْسِيْ وَ اَهْلِيْ وَ وَلَدِيْ وَ مَالِيْ
فِيْ اَرْضِ اللّٰهِ سَقْفُهَا وَ مُحَمَّدًا صَلَّى اللّٰهُ عَلَيْهِ وَ اٰلِهٖ حَيْطَانُهَا وَ عَلٰى
بَابِهَا وَ الْحَسَنُ وَ الْحُسَيْنُ اَرْكَانُهَا وَ الْمَلٰٓئِكَةُ حُرَّاسُهَا وَ اللّٰهُ مُحِيْطُ بِهَا.

Problem no.18

I can not find good suitors for my sisters and daughters.

1st solution:

Prophet Mohammad (S.A.W.W) says:

“If a person writes Surah Ahzab on deer skin, places it in a narrow-mouthed bottle and then places the bottle in the home then by the will of

Allah, his sisters, daughters and other family members will get good marriage proposals even though this person may be poor.”

2nd solution:

Addressing Hazrat Ali (A.S), the Prophet Mohammad (S.A.W.W) said:

“O Ali (A.S)! Continue to recite Surah Yasin. It has 10 blessings..... (of them one is that) the unmarried shall become married.”

Problem no.19

I can not marry the person of my choice
(My proposal is not accepted)

Solution:

Imam Jafar Sadiq (A.S) says: “If a person writes Surah Taha on a green silk cloth, wraps it up, keeps it with him and approaches someone with the intention of proposing, then he will never return disappointed and he will surely be able to marry there.”

Problem no.20

I can not find time to recite the Holy Quran
daily because of my busy schedule

1st solution:

Prophet Mohammad (S.A.W.W) says:

“Recitation of Surah Wal-Adiyat will give the spiritual reward equal to recitation of the entire Holy Quran to the recitor”.

2nd solution:

Prophet Mohammad (S.A.W.W) says:

“Allah will bestow the spiritual reward equal to recitation of one-fourth of the Holy Quran to the person who recites Surah Kafirun.”

3rd solution:

Prophet Mohammad (S.A.W.W) says: “ The person who recites Surah Tauheed is as if he has recited one-third of the Holy Quran. He shall be granted spiritual reward equal to ten times the number of momineen and mushrikeen (infidels).”

Problem no.21

My heart is filled with worldliness,
Immorality and lust

1st solution:

According to a hadith narrated by Hazrat Imam Raza (A.S):

“ If a person recites Allah's name الْحَلِيمُ

88 times after each salat, then he shall be cleansed of all immorality, vanity, envy and miserliness and he shall be purified of all his bad deeds.”

2nd solution:

If a person recites الشُّكُورُ more than 1000 times for four days then Allah will remove all his immoral qualities.

3rd solution:

Recitation of the Divine name, الْمُتَعَالَى daily 2288 times will cleanse the recitor of all worldliness and immorality.

4th solution:

At bedtime, place one hand on the heart (chest) and recite الْبَاعِثُ 100 times. As a result, Allah will fill the heart with the light of knowledge and will rejuvenate it. Similarly, recitation of this zikr 1020 times daily is highly effective for internal cleansing from satanic thoughts.

5th solution:

Kaf'amy (late) has requested in his book 'Misbah' to place one hand on the chest after the Fajr and recite يَا فَتَّاحُ for the removal of veils that cover the heart.

6th solution:

In a tradition narrated by Hazrat Imam Ali Raza (A.S), recitation of

يَا قُدُّوسُ

150 times in the afternoon illuminates the heart and provides solace from satanic doubts.

7th solution:

Recitation of **اللَّهُ ، اللَّهُ** Ten thousand times daily for seven days, is highly effective for cleansing of the soul.

8th solution:

Daily recitation of **لَا إِلَهَ إِلَّا أَنْتَ يَا رَبِّ كُلِّ شَيْءٍ وَارِثُهُ**

100 times daily in the morning, is highly beneficial for the purification of the mind and heart.

Problem no.22:

I often suffer loss in my business transactions

1st solution:

If we recite verse 70 of Surah Baqarah during business transactions, then we will never suffer any loss in that business. That verse is

قَالُوا ادْعُ لَنَا رَبَّكَ يُبَيِّنْ لَنَا مَا هِيَ لَا إِنَّ الْبَقْرَةَ تَشَابَهَ عَلَيْنَا ط
وَإِنَّا إِنْ شَاءَ اللَّهُ لَمُهْتَدُونَ

2nd solution:

This supplication saves the momin from loss, if it is recited during business transactions:

يَا مَخْيِرُ يَا مُخْتَارُ يَا مَنَ الْخَيْرُ بِيَدِهِ يَا خَيْرَ دَلِيلٍ يَا دَلِيلَ الْخَيْرِ
يَا مُرْشِدُ يَا هَادِي.

3rd solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If during a business transaction, Surah Alam Nashrah is recited 3 times, then there will surely be profit in that transaction.”

Problem no.23

Work is often left incomplete; there is no perseverance in my actions

Solution:

If a person desires to be steadfast and perseverant then he should fast for three days with this intention (if he has any qaza fasts, then he should observe them) and he should recite 300 times this zikr, daily, after performing ablution:

يَا دَائِمُ بِلَا فَنَاءٍ وَلَا زَوَالٍ لِمُلْكِهِ وَبَقَائِهِ.

Problem no.24

I often have to ask people for help

1st solution:

Imam Ali Raza (A.S) says: “Recitation of **الْمَلِكُ** 9 times daily will make a person independent of all creations and he will achieve the riches of this world and the hereafter.”

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If a person recites Surah Ma'un 41 times then he and his offsprings will never be dependent on any one.”

Problem no.25

I am facing immense difficulties and hardship

1st solution:

Recite this zikr 2162 times in one sitting, for relieving immense difficulties and hardship immediately (Inshallah).

رَبِّ اِنِّى مَغْلُوبٌ فَانْتَصِرْ.

2nd solution:

Prophet Mohammad (S.A.W.W) himself recited this zikr during the battle of Badr. It is highly effective to recite it one thousand times when faced with immense difficulties and hardships:

يَا خَالِصُ يَا مُخْلِصُ يَا خَلَّاصُ اِيَّاكَ نَعْبُدُ وَ اِيَّاكَ نَسْتَعِينُ .

3rd solution:

Hazrat Amir-ul-Momineen (A.S) says:

“When Prophet Mohammad (S.A.W.W) used to be extremely disturbed and upset, he used to recite **يَا حَىُّ يَا قَيُّوْمُ** and he used to get immediate respite.”

4th solution:

To escape extreme difficulties and hardships, the following recitations are extremely effective, to be recited one thousand times daily.

On Saturday **اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ**

On Sunday **يَا رَبَّ الْعَالَمِينَ**

On Monday يَا ذَا الْجَلَالِ وَالْإِكْرَامِ
 On Tuesday يَا قَاضِيَ الْحَاجَاتِ
 On Wednesday يَا أَرْحَمَ الرَّاحِمِينَ
 On Thursday يَا حَيُّ يَا قَيُّوْمُ
 On Friday لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ

5th solution:

Ibne Ta'us has narrated from the Prophet Mohammad (S.A.W.W) in his book Mahjudda'wat that: “If a person is caught up in any difficulty or hardship in livelihood, then if he recites thirty thousand times

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

then Allah will bestow him with speedy respite.”

6th solution:

(Late) Ayatullah Kashmiri was asked as to which zikr is effective for relief from hardships and difficulties, to which he replied: “Recitation of

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

100 times daily because tradition has it that this zikr removes 70 misfortunes from a person out of which the least is grief.”

7th solution:

Prophet Mohammad (S.A.W.W) says that : O Ali! When you are immersed in a calamity or difficulty then recite this supplication:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ .

8th solution:

Sheikh Abbas Qummi says: “This supplication was recited by Prophet Mohammad (S.A.W.W) on the occasion of battles of Badr and Khandaq. Imam Hussain (A.S) taught this supplication while hugging Imam Zain-ul-Abideen (A.S) on the day of Ashura. This supplication is for the removal of immense calamities, intense grief and apprehensions

as well as for the fulfilment of important wishes and desires “I beseech Thee for the sake of Yasin and the Holy Quran, I beseech Thee for the sake of Taha and the Holy Quran. O Thou who is capable of fulfilling desires of those who ask, O Thou who is aware of the secrets in the heart, who relieves the suffering of those who are in pain, and wipes out the sorrow of the bereaved; O Thou, who is merciful towards the elderly person, O Thou, who bestows sustenance on the infant, O Thou, who does not need lengthy explanation, bestow Thy blessings upon Mohammad (S.A.W.W) and upon his progeny and fulfil this desire of mine (instead of 'kaza wa kaza', mention your desire).

بِحَقِّ يَسٍّ وَالْقُرْآنِ الْحَكِيمِ وَبِحَقِّ طهٍ وَالْقُرْآنِ الْعَظِيمِ

يَا مَنْ يَقْدِرُ عَلَى حَوَائِجِ السَّائِلِينَ يَا مَنْ يَعْلَمُ مَا فِي الضَّمِيرِ

يَا مُنْفِسًا عَنِ الْمَكْرُوبِينَ يَا مُفَرِّجًا عَنِ الْمَغْمُومِينَ

يَا رَاحِمَ الشَّيْخِ الْكَبِيرِ يَا رَازِقَ الطِّفْلِ الصَّغِيرِ

يَا مَنْ لَا يَحْتَاجُ إِلَى التَّفْسِيرِ صَلَّى عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَافْعَلْ

بِئْسَ كَذَّاءٌ وَكَذَّاءٌ.

Problem no.26

I am weak in mathematical calculations

Solution:

If a person is weak in calculations, then he should recite الْمُحْصَى 1001 times daily for four days. This will sharpen his mathematical skills.

Problem no.27

I am seldom able to perform virtuous deeds

Solution:

Prophet Mohammad (S.A.W.W) says: “Allah will bestow the ability to perform virtuous deeds upon the person who regularly recites Surah WaShams. Allah will also give him a better memory and he will become popular and noble among people.”

Problem no.28
Often my entire day is spoilt

1st solution:

Imam Jafar Sadiq (A.S) says: “ If Surah Fatir and Surah Saba are recited during the day then one will not suffer any negative event on that day. And Allah will bestow him with so many blessings that they will be beyond that person's imagination and desire.”

2nd solution:

If Surah Tauheed is recited 11 times before sunrise; after this Surah Qadr is recited 11 times and after this Ayat ul Kursi is recited 11 times then all the possessions will be ensured.

Problem no.29
My children often suffer ill health.

1st solution:

Prophet Mohammad (S.A.W.W) says:
“If Surah Ahqaf is written and kept with oneself and it is tied to a suckling infant, or its water is consumed, then it will have a healthy, strong body and children will be prevented, by the will of Allah, from those ailments which afflict them.”

2nd solution:

If Allah's name **الْبَرُّ** is recited 202 times on the child, then he will be protected from all calamities and ailments till the age of puberty.

3rd solution:

Hazrat Imam Jafar Sadiq (A.S) says: “He who writes Surah Ankabut, then rinses it and drinks the water, then by Allah's will, all his ailments and difficulties will be removed.”

4th solution:

Hazrat Imam Jafar Sadiq (A.S) says: “ If Surah Jathiyah is written and tied to a newly-born child then by the grace of Allah, the child will be safe from all calamities.”

5th solution:

The Prophet Mohammad (S.A.W.W) says: “If Surah Balad is written and tied to a small child or to an infant, then that child will remain safe from every calamity and it will be prevented from crying.”

Problem no.30
I am afraid of failure in starting a business.

1st solution: Imam Jafar Sadiq (A.S) says: “If a person writes Surah Yusuf (A.S), keeps it for 3 days in his house, then takes it and conceals it in the exterior wall of his house so that nobody knows about it, then very soon, a representative will arrive and will invite him towards business and all his wishes will be fulfilled by the grace of Allah.”

2nd solution:

The Prophet Mohammad (S.A.W.W) says: “ If a person writes Surah Hijr and ties it to his arm then he will become a keen business man .His business transactions will increase, people will prefer transacting with him, and until this surah is with him, his sustenance will increase with the will of Allah”

Problem no.31
My home, shop and business are not blessed with abundance

1st solution:

The Prophet Mohammad (S.A.W.W) says: “He who writes Surah Mumin (HaMim Mumin) and keeps it in his house or shop (place of business), then he will be blessed with abundance and his business transactions will prosper.”

2nd solution:

The Prophet Mohammad (S.A.W.W) says:
“If Surah Zukhruf is written and kept on the shop's wall or in the place of business, then the owner will have profit in his business, his customers will increase and he will be blessed by the grace of Allah.”

3rd solution:

The Prophet Mohammad (S.A.W.W) says: “He who keeps Surah Dukhan (after writing it) in the place of business (shop), then he will be endowed with great profit and his fortune and riches will be quickly increased.”

Problem no.32 **I am often deceived by people**

1st solution:

The Prophet Mohammad (S.A.W.W) says: "The person who recites Surah Naml will never be deceived by any one."

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says: "The person who recites Surah Abasa and Surah Takwir will be under the protection of Allah and will be safe from the trickery of others.....and he will enter Paradise and if Allah chooses then it is no big deal for Him."

Problem no.33 **I dread to think of my previous sinful life.**

1st solution:

The Prophet Mohammad (S.A.W.W) says: "He who recites durood (salutation) upon me once, then not an iota of his sins will remain."

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Sheikh Sudduq narrates from Hazrat Imam Reza (A.S): "If a person does not have the capability to atone for his sins then he should send as many salutations upon Mohammad (S.A.W.W) and his progeny as he can, because durood (salutation) withers the roots of sins and destroys it."

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Prophet Mohammad (S.A.W.W) says: "Whosoever sends salutations upon me 3 times with love and sincerity then he deserves to be forgiven by Allah for his daytime sins as well as for his nocturnal sins."

2nd solution:

The prophet Mohammad (S.A.W.W) says: "He who recites Surah Mumin then the spirits of all prophets, friends and believers will send salutations and greetings upon him and will pray for his forgiveness."

3rd solution:

Prophet Mohammad (S.A.W.W) says: "For the person who recites Surah Hashr then there is no Heaven, no Hell, no Sky, no Chair, no Veil, no 7 Heavens, no 7 Earths, no air, no wind, no bird, no mountain, no sun, no moon and no angel who would not send durood (salutations)

upon him and who would not pray for his forgiveness and if that person dies on that night or on that day then he will die a martyr."

4th solution:

Hazrat Amir-ul-Momineen (A.S) says that the Prophet Mohammad (S.A.W.W) said: "If a person recites Surah Ikhlas 100 times at bedtime then Allah will forgive his sins of 50 years."

5th solution:

Imam Jafar Sadiq (A.S) says: "If a person recites this zikr:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ

Then Allah will list 3000 virtuous deeds in that person's book of deeds and He will erase 3000 sins of that person and He will raise him 3000 degrees higher (in status)."

6th solution:

According to the Shahid-e-Thani, the Prophet Mohammad says: If a person desires that his register of sins should not be opened then he should recite this dua after every namaz:

اللَّهُمَّ إِنَّ مَغْفِرَتَكَ أَرْجَى مِنْ عَمَلِي وَإِنْ رَحْمَتَكَ أَوْسَعُ مِنْ ذَنْبِي
اللَّهُمَّ إِنْ كَانَ ذَنْبِي عِنْدَكَ عَظِيمًا فَعَفِّوْكَ أَعْظَمُ مِنْ ذَنْبِي اللَّهُمَّ إِنْ لَمْ
أَكُنْ أَهْلًا أَنْ أَبْلُغَ رَحْمَتَكَ فَارْحَمْتِكَ أَهْلًا أَنْ تَبْلُغَنِي وَتَسْعِنِي
لَا نَهَا وَسَعَتْ كُلُّ شَيْءٍ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّحِمِينَ.

7th solution:

According to tradition, if this supplication is recited 3 times before Fajr prayers on Friday then Allah will forgive all the sins, even if they are more than the waters of the oceans. That supplication is:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ.

8th solution:

Sheikh Mufid has narrated this hadith of Amir-ul-Momineen (A.S) in his book 'Majalis', in which Hazrat Khizr (A.S) has said: If this supplication is recited after every namaz, then Allah will forgive all the

sins, whether they are more in number than the stars in the sky, rain drops, sand particles and whether they resemble dust clouds. Hearing this Hazrat Ali (A.S) replied: "Yes, I am aware of this supplication. Verily, Allah is most forgiving, bountiful and merciful"

At this Hazrat Khizr (A.S) had said: "You are correct and there is always a scholar greater than every scholar."

Allama Kaf'amy has narrated this supplication in the book Balad-ul-Amin:

يَا مَنْ لَا يَشْغَلُهُ سَمْعٌ عَنْ سَمْعٍ يَأْمَنْ لَا يُغْلَطُهُ السَّائِلُونَ وَيَا مَنْ لَا يَبْرُمُهُ
الْحَاحُ الْمُلِحِّينَ أَذِقْنِي بَرْدَ عَفْوِكَ وَمَغْفِرَتِكَ وَحَلَاوَةَ رَحْمَتِكَ.

Translation: O Thou! Who does not ignore one voice because of the other voices. O Thou! Who does not mistake the supplications of the beggars. O Thou! Who does not get tired of the pleadings of those who plead, endow me with the coolness of your mercy and forgiveness and with the sweetness of your blessing.

Problem no.34

I am afraid of failure when I commence work

1st solution:

Imam Ali Raza (A.S) says:

"Before commencing any thing, if Allah's name **الْمُبْدِي** is recited with complete respect and protocol, then that work will be completed."

2nd solution:

Abdullah Ibne Yahya was just going to sit when he fell, his head got hurt and started bleeding. Maula Ali (A.S) asked for water, bathed the wound and applied his saliva to it so that not even a scar remained. He said: "Abdullah, thank the Lord who cleanses the sins of our Shias though pain in this world so that they remain sincere in their worship." Abdullah said, "Maula! Tell me my mistake so that I may not repeat it." Maula Ali (A.S) replied: "You made the mistake of not reciting Bismillah ir Rahman ir Raheem when you were going to sit on the chair because of which you had to endure this pain. Abdullah, you should know that Prophet Mohammad (S.A.W.W) has said that if Bismillah is not recited at the time of beginning of an act, then that act will not end favourably, therefore Bismillah ir Rahman ir Raheem should surely be recited before beginning any act."

Problem no.35

I worry about the sins of my parents

1st solution:

Amir-ul-Momineen Hazrat Ali (A.S) says:

"I have heard Prophet Mohammad (S.A.W.W) saying that "If a person enters a graveyard and recites this supplication then Allah will bestow upon him and his parents the reward equal to 50 years of good deeds and he will eradicate the sins of his parents equal to 50 years." That supplication is:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
السَّلَامُ عَلَى أَهْلِ لَا إِلَهَ إِلَّا اللَّهُ مَنْ أَهْلٍ لَا إِلَهَ إِلَّا اللَّهُ يَا أَهْلَ لَا إِلَهَ
إِلَّا اللَّهُ بِحَقِّ لَا إِلَهَ إِلَّا اللَّهُ كَيْفَ وَجَدْتُمْ قَوْلَ لَا إِلَهَ إِلَّا اللَّهُ مَنْ لَا
إِلَهَ إِلَّا اللَّهُ يَا لَا إِلَهَ إِلَّا اللَّهُ بِحَقِّ لَا إِلَهَ إِلَّا اللَّهُ اغْفِرْ لِمَنْ قَالَ لَا
إِلَهَ إِلَّا اللَّهُ وَاحْشُرْنَا فِي زُمْرِهِ مَنْ قَالَ لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ
اللَّهِ عَلَى وَلِيِّ اللَّهِ .

2nd solution:

Imam Jafar Sadiq (A.S) says: "He who recites the Holy Quran while looking at it then this benefits his eyes and mitigates the sins of his parents even though they both may be kafirs(disbelievers)."

Problem no.36

People are not very fond of interacting with me

1st solution:

Hazrat Mohammad (S.A.W.W) said: "If a person writes Surah Hijr and keeps it in his safe or pocket, then whenever he steps out, he will be the object of people's discussion."

2nd solution:

If the Divine name **يَارَحِيمُ** is recited 5500 times for 40 days, then the entire creations will fall in love with the recitor and this litany is useful for winning over hearts.

Problem no.37

I always dread being robbed by thieves and robbers

1st solution:

He who recites Surah Taubah and keeps it in his cap or turban will be protected from robbers. Highway robbers (dacoits) will stay away from him and will not stray near him.

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says: "He who keeps Surah Maidah in his home or in his trunk after writing it will be protected from robbery."

3rd solution:

Prophet Mohammad (S.A.W.W) says: "He who keeps Surah Fatah at his bedside after writing it will be protected from burglary."

4th solution:

For protection from robbers and thieves, this should be recited at bedtime:

قُلِ ادْعُوا اللَّهَ أَوِ ادْعُوا الرَّحْمَنَ ۚ أَيًّا مَا تَدْعُوا فَلَهُ الْأَسْمَاءُ الْحُسْنَى ۚ
وَلَا تَجْهَرُ بِصَلَاتِكَ وَلَا تُخَافِتُ بِهَا وَابْتَغِ بَيْنَ ذَلِكَ سَبِيلًا ۝ وَقُلِ
الْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ وَلَدًا أَوْ لَمْ يَكُنْ لَهُ شَرِيكٌ فِي الْمُلْكِ
وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِّنَ الدُّلِّ وَكَبِّرْهُ تَكْبِيرًا ۝

5th solution:

If we write Surat ul Asr and keep it in our safe (locker) then all the possessions will be kept safe.

Problem no.38

I feel as if I am afflicted with hypocrisy

1st solution:

Imam Sadiq (A.S) narrates from Prophet Mohammad (S.A.W.W) that he said:

"When sending salutations upon me, raise your voice because doing so drives away hypocrisy."

2nd solution:

Prophet Mohammad (S.A.W.W) says: "I shall intercede on behalf of the person who recites Surah Infaal and Surah Bara'at on the Day of Judgement and I shall testify that the recitor of these surahs was not a hypocrite."

3rd solution:

Prophet Mohammad (S.A.W.W) says: "Allah will remove hypocrisy from the person who recites Surah Taubah, on the day of Judgment."

Problem no.39

There is no love for the parents

Solution:

Hazrat Imam Jafar Sadiq (A.S) says: "While reciting Surah Bani Israel, when a person reaches the point where Allah has referred to parents, his emotions will be excited and he will start loving his parents more."

Prophet Mohammad (S.A.W.W) said: "He who keeps his parents in mind while reciting Surah Bani Israel, will enter Paradise."

Problem no.40

I feel the effects of magic

1st solution:

Hazrat Imam Jafar Sadiq (A.S) says:

"He who recites Surah Jinn often in his lifetime then he is protected from jinns and their sorcery."

2nd solution:

The late Syed Ali Khan Shirazi says in his book Kalim-ut-Tayyib:

"If this zikr is recited 120 times, and durood is recited before and after it, then it will counteract the effects of magic."

يَا مُبْطِلَ السَّحْرِ أَبْطِلْ عَنِّي السَّحَرَ وَيَا مُزِيلَ الْعُسْرِ أزيلْ عَنِّي عُسْرَهُ
وَيَا فَتَّاحُ افْتَحْ عَنِّي عَقْدَهُ يَا فَعَّالُ افْعَلْ بِي مَا يُصْلِحُنِي مِنْهُ۔

Problem no.41

I feel the effects of jinns

1st Solution:

Prophet Mohammad (S.A.W.W) says:

"He who recites Surah Jinn will be protected from jinns."

Imam Sadiq (A.S) says:

“The person who recites Surah Jinn excessively will be with Prophet Mohammad (S.A.W.W) and will say: O Lord! I do not need anything apart from the proximity of Hazrat Mohammad (S.A.W.W).”

2nd solution:

If a person writes Surah Jathiyah and keeps it at his bedside then this act will suffice to protect him from the evils of jinns.

3rd solution:

If a person who is under the influence of jinns is given something to drink after reciting this verse upon it 7 times then the jinn will be exorcised and will escape:

وَمَا مُحَمَّدٌ إِلَّا رَسُولٌ ۖ قَدْ خَلَتْ مِنْ قَبْلِهِ الرُّسُلُ ۚ أَفَأَنْتُمْ مَاتَ
أَوْ قُتِلَ انْقَلَبْتُمْ عَلَىٰ أَعْقَابِكُمْ ۚ وَمَنْ يَنْقَلِبْ عَلَىٰ عَقْبَيْهِ فَلَنْ يَضُرَّ اللَّهَ
شَيْئًا ۚ وَسَيَجْزِي اللَّهُ الشَّاكِرِينَ ۝

4th solution:

According to some scholars, if this zikr is recited 15 times, then no jinn can influence us, and that zikr is as follows:

يَا مَالِكَ يَوْمَ الدِّينِ إِيَّاكَ نَسْتَعِينُ۔

Problem no.42

Despite repentance, I often commit sins

1st solution:

Prophet Mohammad (S.A.W.W) says:

“If a person recites Surah Talaq then Allah will accept his repentance and that person will never sin again.”

2nd solution:

Prophet Mohammad (S.A.W.W) says:

“If a person recites Surah Tahreem, then Allah will bless him with the quality of Taubat-un-Nasuh.”

3rd solution:

Muhaddis Nuri narrates from Sheikh Zain-uddin (R.A) that once he saw Imam Zain-ul-Abideen (A.S) in a dream and asked, “Maula! What should I do that I should always remain worried about the grave and the after life and I should gather provisions for it and Maula! What should I do that I achieve guidance towards repentance and perform good deeds and Maula! I am very worried. What can I do as I have been deprived of guidance and graciousness?”

Then Imam Zain-ul-Abideen (A.S) replied:

“If you want to achieve (all this) guidance and graciousness then make it incumbent upon you that you will always say :

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ اٰلِ مُحَمَّدٍ

Problem no.43

I dread being afflicted with contagious diseases and germs

Solution:

Prophet Mohammad (S.A.W.W) says: “Write Surah Furqan and keep it with you (then) noxious insects will never come near you.”

Problem no.44

I am not able to recite lengthy supplications despite great desire to do so

Solution:

Hazrat Amir-ul-Momineen (A.S) once saw a man reciting a lengthy supplication from a book. Maula (A.S) said to him:

“O person! The Lord who listens to lengthy supplications also replies to short ones.”

He said, “Maula! Please tell me then how should I ask?” At this Maula said “Say like this :

اَلْحَمْدُ لِلّٰهِ عَلٰى كُلِّ نِعْمَةٍ وَّ اَسْئَلُ اللّٰهَ مِنْ كُلِّ خَيْرٍ وَّ اَعُوْذُ بِاللّٰهِ مِنْ كُلِّ شَرٍّ
وَّ اَسْتَغْفِرُ اللّٰهَ مِنْ كُلِّ ذَنْبٍ۔

Translation: Praise is for Allah. I beseech Thee for betterment in all blessings and I take refuge in Allah from all evils, and I ask forgiveness for every sin.

Problem no.45

Whenever I visit anyone, I get involved in backbiting

Solution:

From among the holy men one complained to Hazrat Ilyas (A.S) and Hazrat Khizr (A.S) that people have started backbiting greatly and this sin is among the big sins. I advise them a lot and tell them to refrain from backbiting but they do not pay attention and do not refrain from this sin, what should I do?

Hazrat Ilyas (A.S) replied:

The remedy for this is that when you enter a gathering and see that people are involved in backbiting then recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

then Allah will appoint an angel as a guardian over that gathering, who will stop any person from backbiting,”

Then Hazrat Khizr (A.S) said:

“Upon leaving a gathering, when a person recites:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Then Allah sends an angel who prevents the people in that gathering from backbiting of that person.”

Problem no.46

Despite repentance, I dread the backbiting committed in my past life.

Solution:

Recitation of Surah Hujurat serves as an atonement for a lifetime of backbiting.

Problem no.47

I have sworn many false oaths in my past life

Solution:

Repetition of wudhu (ablution) for the Isha prayer erases the ill effects of false oaths.

Problem no.48

I fear greatly the calamities of the grave.

1st solution:

Imam Ali Reza (A.S) says:

“If a person recites on every Friday, the Divine name **الْبَارِئُ** 100 times, then Allah will not keep him alone in his grave and He will appoint a friend for him there.”

2nd solution:

As narrated by Hazrat Imam Jafar Sadiq (A.S), punishment in the grave will not be imposed upon the recitor of Surah Mulk.

3rd solution:

According to a narration of Hazrat Imam Jafar Sadiq (A.S), for easy and seamless answers to the questions put by the Munkir and Nakir, Surah Al-Haqah should be recited 75 times.

4th solution:

Hazrat Ali (A.S) says:

“ The person who recites Surah Nisa every Friday will be safe from being punished in the grave.”

5th solution:

Prophet Mohammad (S.A.W.W) says:

“The person who recites Surah Takathur at bedtime will be safe from the calamities of the grave and Allah will protect him from the terror of the Munkir and Nakir.”

6th solution:

According to a hadith narrated by Imam Jafar Sadiq (A.S), recitation of Surah Qiyamat 3 times every Thursday night, makes the reckoning easy on the day of Judgement and gives protection from all the tribulations in this world as well as from the punishment in the grave.

Problem no.49

I get involved in sins very easily

1st solution:

Hazrat Amir-ul-Momineen (A.S) says: “If a person recites Surah Tauheed 11 times after the Fajr prayer, then he will not commit any sin that day no matter how much Satan tries.”

2nd solution:

Zikr-e-Yunusia has been highly recommended by highly accomplished scholars like Shaheed Ayatullah Syed Ali Shustry (R.A), Mulla Hussain Qully Hamdani (R.A), Ayatullah Syed Ahmed Karbalai (R.A), Syed Ali Qazi (R.A), and Ayatullah Kashmiri (R.A). This is verse 87 of Surah Anbiyah and it has been highly recommended for protection from sins, and for the purification and exaltation of the nafs (soul). It is better to recite this zikr as many times as possible while prostrating.

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ .

This litany is considered to be true repentance. Scholars have recommended it to be recited 45 times while prostrating, particularly between Maghrib and Isha, or before Fajr, or between Azan-e-Fajr and sunrise.

This zikr can be recited this while standing or sitting or while walking and it is very beneficial for the purification of the heart and for removing the veils upon the heart. Some scholars used to recite this zikr 3,000 times during prostration. Recitation of this zikr empowers the self-control so much that a person never gets tempted towards sins again.

3rd solution:

According to a tradition narrated by the late Kulayni (R.A), Imam Sadiq (A.S) has said that recitation of this duaa 7 times, after Fajr and after Maghrib removes 70 tribulations, and the recitor's name is erased from the list of the guilty ones and is instead included in the list of the obedient ones.(Hence he is never tempted towards sins again.)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ . لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

4th solution:

For immunity from sins, recitation of these 4 Divine names in the morning is highly beneficial:

الْقَادِرُ الْمُقْتَدِرُ الْقَوِيُّ الْقَائِمُ

5th solution:

The heart which has died due to ignorance, greed, lust, sins and blasphemy, will come to life, by reciting الْبَاعِثُ and will become pure and innocent.

Problem no.50

I feel that I lack greatly in conviction.

1st solution:

The person who recites 111 times يَا صَمَدُ after tahajjud prayer, or at dawn, will be among those with great conviction.

2nd solution:

Recitation of يَا اللَّهُ يَا هُوَ 1000 times daily, is highly recommended for those who want to have great conviction and belief.

3rd solution:

To achieve the highest standards of belief and conviction in the oneness of Allah, recitation of this zikr has been prescribed, to be recited 100 times daily :

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ

4th solution:

If a person is able to recite daily a thousand times “ اللَّهُ ” then Allah will include him among those who believe with conviction.

5th solution:

If عَالِمُ الْغَيْبِ وَالشَّهَادَةِ is recited 100 times after Fajr prayer with sincerity, then the recitor is included among the believers in the eyes of Allah.

6th solution:

Prophet Mohammad (S.A.W.W) says:

“The person who recites Surah Alam Nashrah will be rewarded with conviction and welfare by Allah Almighty.”

Problem no.51

I fear getting ill as a result of consuming certain foods

1st solution:

Prophet Mohammad (S.A.W.W) says:

“If a person recites Surah Teen upon food, then Allah will remove all harmful effects of that food even though it may have been infused with poison, and Allah will convert it into healthful food.”

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If Surah Quraish is recited upon food, then all harmful effects of that food will be removed.”

3rd solution:

Recitation of the Divine name **الْشَّافِي** cures every ailment of the body and soul, and if it is recited upon food, then it will not cause any harm.

Problem no.52

Despite my long life, I have not been able to perform many good deeds

1st solution:

The Prophet Mohammad (S.A.W.W) says:

“Allah will bless the person who recites Surah Teen with unlimited spiritual rewards, and it will be as if that person had met the Prophet Mohammad (S.A.W.W) when he was grieved, and had removed his grief.”

2nd solution:

Sheikh Kulayni has narrated in Usul-e-Kafi that whosoever recites this salutation after Asr prayer on Friday, Allah will bestow one lac good deeds upon him, He will erase one lac sins committed by him, his one lac wishes will be granted and he will be elevated by one lac degrees in status(spiritual).

And whosoever recites this salutation 7 times then as many good deeds will be written for him as the number of all human beings.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ الْأَوْصِيَاءِ الْمَرْضِيِّينَ بِأَفْضَلِ
صَلَوَاتِكَ وَبَارِكْ عَلَيْهِمْ بِأَفْضَلِ بَرَكَاتِكَ وَالسَّلَامُ عَلَيْهِ وَعَلَيْهِمْ
وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ۔

3rd solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If a person recites this 'tehleel' 10 times after completion of prayer and before coming out of the prayer posture, then Allah will eradicate 4 crore sins of his and He will record 4 crore good deeds for him. This recitation has as much spiritual reward as if he has completed 12 times the recitation of the Holy Quran.”

Then the Imam said that he recites this 100 times but for us it is sufficient to recite 10 times. That 'tehleel' is:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ إِلَهًا وَاحِدًا أَحَدًا صَمَدًا
لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا۔

4th solution:

The Prophet Mohammad (S.A.W.W.) says:

“Recitation of these lines 1000 times in the month of Sha'ban will give the recitor the spiritual reward equal to the worship of one thousand years:

لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ مُخْلِصِينَ لَهُ الدِّينَ
وَلَوْ كَرِهَ الْمُشْرِكُونَ۔

5th solution:

According to a narration by Imam Mohammad Baqir(A.S), recitation of Ayat ul Kursi after every ablution gives the worshipper spiritual reward equal to 40 years of worship and his status is elevated by 40 times.

6th solution:

According to a narration by Imam Mohammad Taqi (A.S), the person who recites 10 times Surah Qadr after every Asr prayer will be gifted with as much spiritual reward as will be equal to the good deeds of all the creations, on the day of Judgement.

7th solution:

According to Abu Basir, Imam Sadiq (A.S) says:

“To send salutations upon Mohammad (S.A.W.W) and his progeny, between Zuhr and Asr prayers is equal to (thousand) Hajj.”

8th solution:

Imam Jafar Sadiq (A.S) said that:

“If a person recites this litany in the market, then Allah will record in his book of deeds, thousand thousand (one million) good deeds.” That litany is

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ۔

9th solution:

Hazrat Imam Hussain(A.S) says:

“Every person who recites this supplication in the graveyard where Muslims are buried, then Allah will record for him in his book of deeds as many good deeds as the number of creations, from Hazrat Adam(A.S) till the day of Judgement.”

That supplication is:

اَللّٰهُمَّ رَبَّ هٰذِهِ الْاَرْوَاحِ الْفَانِيَةِ وَالْاَجْسَادِ الْبَالِيَةِ وَالْعِظَامِ النَّخِرَةِ الَّتِي خَرَجَتْ
مِنَ الدُّنْيَا وَهِيَ بِكَ مُؤْمِنَةٌ اَدْخِلْ عَلَيْهِمْ رَوْحًا مِنْكَ وَسَلَامًا مِّنِّيْ.

Translation: My Lord! You are the Lord of these mortal souls, these decaying bodies and of these decomposed bones, who have left this world now. But they believed in You, so bestow peace upon them and convey my salam to them.

10th solution:

As narrated by Imam Ali Raza(A.S), “If a person has reached advanced age and has not been able to perform virtuous deeds, then he should continue reciting the Divine name: **اَلْمَوْخِرُ**

and as a result Allah will increase his life and He will accept his good deeds and that person's belief in Allah will be strengthened.”

Problem no.53

I can not thank Allah enough for His blessings

Solution:

Hazrat Imam Jafar Sadiq (A.S) has said:

“If a person recites this zikr 4 times in the morning then it is gratefulness for that day, and if he recites it at Asr, then it is thankfulness for the night.” That zikr is : **اَلْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِيْنَ**.

Problem no.54

I dread the judgement in the hereafter

1st solution:

The Prophet Mohammad (S.A.W.W) says:

“Recite Surah Ma'arij frequently because on the day of Judgement, Allah will not question the frequent recitor about his sins and that

person will reside in Paradise with Hazrat Mohammad (S.A.W.W) and his holy family.”

2nd solution:

Prophet Mohammad (S.A.W.W) said:

“The person who recites Surah Naba and memorises it, then he will only be questioned for as much time as is needed to write this surah, on the day of Judgement. And he will then enter Paradise.”

3rd solution:

Prophet Mohammad (S.A.W.W) said:

"The person who recites Surah Wan-Naziat will have a waiting period and reckoning only as much as the time taken to offer one prayer (Salaat), until he enters Heaven."

4th solution:

Prophet Mohammad (S.A.W.W) said:

"The recitor of Surah Takwir will be under the protection of the Prophet Mohammad (S.A.W.W) on the Day of Judgement, when the book of records will be opened, and he will be looking towards the peace-giving Prophet(S.A.W.W)."

5th solution:

The Prophet Mohammad (S.A.W.W) said:

“Allah will not ask for any reckoning of the worldly blessings from the person who recites Surah Takathur.”

6th solution:

The Holy Prophet (S.A.W.W) says:

“Whoever recites Surah Al-Haqqa, his reckoning will be made easy.”

Problem no.55

I dread the fire of Hell.

Solution:

Hazrat Ibn-e-Abbas (R.A) narrates:

“The person who recites Surah An'aam every night will be in peace on the Day of Judgement and he will never see the fire of Hell with his eyes.”

Problem no.56

Despite my efforts, I cannot memorise the surahs of the Holy Quran

1st solution:

The Prophet Muhammad (S.A.W.W) says:

"The person who regularly recites Surah Mudassir and at the end, prays for memorizing the Quran will be given greatness of heart by Allah and he will be able to memorize it before he dies."

2nd solution:

For sharpening the memory, this verse should be recited 41 times on figs and a few of them should be eaten for strengthening the memory.

إِنَّا نَحْنُ نَزَّلْنَا الذِّكْرَ وَإِنَّا لَهُ لَحَافِظُونَ ٥

3rd solution:

Recitation of Ayat-ul-Kursi daily 21 times is extremely beneficial for learning the Quranic surahs and for sharpening the memory.

4th solution:

For learning the Quranic surahs and for strengthening the memory, if verses 285 and 286 of Surah Baqarah are written on a glass dish and breakfast is partaken of in that dish, then the retention power will be greatly increased. (It is advisable to make arrangements for performing ablution before using and washing this dish). These verses are :

اٰمَنَ الرَّسُوْلُ بِمَا اُنْزِلَ اِلَيْهِ مِنْ رَّبِّهِ وَالْمُؤْمِنُوْنَ كُلٌّ اٰمَنَ بِاللّٰهِ
وَمَلٰئِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ فَا لَا تُفَرِّقُ بَيْنَ رُسُلِهِ فَا وَقَالُوا
سَمِعْنَا وَاَطَعْنَا غُفْرَانَكَ رَبَّنَا وَاِلَيْكَ الْمَصِيْرُ ٥ لَا يُكَلِّفُ اللّٰهُ
نَفْسًا اِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ رَبَّنَا لَا
تُؤَاخِذْنَا اِنْ نَسِينَا اَوْ اَخْطَاْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا اِصْرًا كَمَا
حَمَلْتَهُ عَلٰى الَّذِيْنَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ
وَاعْفُ عَنَّا وَارْحَمْنَا اَنْتَ مَوْلَانَا
فَاَنْصُرْنَا عَلٰى الْقَوْمِ الْكَافِرِيْنَ ٥

5th solution:

If verse 61 of Surah An'aam is written on an egg of a chicken and then eaten, then it will be highly effective for sharpening the memory.
That verse is :

وَهُوَ الْقَاهِرُ فَوْقَ عِبَادِهِ يُرْسِلُ عَلَيْكُمْ حَفَظَةً حَتّٰى اِذَا جَاءَ
اَحَدَكُمْ الْمَوْتُ تَوَفَّتْهُ رُسُلُنَا وَهُمْ لَا يُفَرِّطُوْنَ .

Note: The verse can also be traced on the egg with a finger if it is not possible to write it otherwise.

Problem no.57

My mind is always inundated with satanic superstitions and doubts.

1st Solution:

Hazrat Imam Jafar Sadiq (A.S) says:

"The person who recites Surah Juma at night, in the day or at Asr will be safe from the doubts created by Satan."

2nd solution:

Ayatullah ul-Uzma, Aqai Behjat, prescribes the recitation of "Hauqala"

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ الْعَلِيِّ الْعَظِيْمِ

for driving away satanic doubts.

3rd solution:

The Prophet Mohammad (S.A.W.W) said:

"The person who recites every night at home Surah wan-Nas, will be protected from doubts and jinns."

4th solution:

For protection from satanic doubts, recitation of the divine name **اَلْبَاعْثُ** 1020 times daily is highly beneficial.

5th solution:

Recitation of the divine name **اَلتَّوَّابُ** 100 times before offering the Fajr prayers is highly effective for chasing away satanic (blasphemous) thoughts.

6th solution:

Recitation of Surah Juma daily with continuation gives total respite from satanic doubts.

Problem no.58

I am always losing things and forgetting where I kept them.

1st Solution:

Prophet Mohammad (S.A.W.W) said:

“If a person forgets something somewhere and then remembers it (that he has forgotten it somewhere), he should recite Surah Waz-Zuha and as a result, Allah will take care of the possession until the owner finds it.”

2nd solution:

Prophet Mohammad (S.A.W.W) said:

“If Surah Waz-Zuha is written after taking the name of the lost person, then he will return to his friends safe and sound.”

3rd solution:

For the recovery of lost possessions, recitation of Nad-e-Ali (A.S), 110 times is highly beneficial.

نَادِ عَلِيًّا مَظْهَرَ الْعَجَائِبِ تَجِدُهُ عَوْنًا لَكَ فِي النَّوَائِبِ كُلِّ هَمٍّ وَغَمٍّ
سَيَنْجِلِي بِوَلَايَتِكَ يَا عَلِيُّ يَا عَلِيُّ يَا عَلِيُّ -

4th solution:

According to a narration by Hazrat Imam Jafar Sadiq(A.S), recitation of Surah Teen, 7 times is highly recommended for the recovery of lost possessions.

5th solution:

The recitation of verse 70 of Surah Hajj, 201 times causes the recovery of lost or misplaced possessions.

أَلَمْ تَعْلَمْ أَنَّ اللَّهَ يَعْلَمُ مَا فِي السَّمَاءِ وَالْأَرْضِ ۖ إِنَّ ذَٰلِكَ فِي كِتَابٍ ط
إِنَّ ذَٰلِكَ عَلَى اللَّهِ يَسِيرٌ .

6th solution:

Hazrat Imam Ali Raza (A.S) says:

“If a person wishes that his possessions should never get lost then he should recite (the Divine name) **يَا مُعِيدُ**

7 times in the four corners of his home. As a result, Allah will protect his home and the lost item will be recovered.”

Problem no.59

I am fettered with debts and cannot figure out how to pay them.

1st solution:

Hazrat Imam Jafar Saqiq (A.S) says :

“If a person is under a lot of debts, he should regularly recite Surah Tehreem and as a result, by the grace of Allah, not an iota of debt will remain on him.”

2nd solution:

Prophet Mohammad (S.A.W.W) said:

“If an indebted person regularly recites Surah Wal-Adiyat, then Allah will assist him in paying his debts soon.”

Hazrat Imam Jafar Sadiq (A.S) says:

“The person who recites Surah Wal-Adiyat will not need to wait and his debt will be paid.”

3rd solution:

A person complained to Hazrat Isa (A.S) about his debts at which Hazrat Isa (A.S) replied, “Recite this supplication; if the debt is as much as the earth and the gold equal to the earth, even then Allah will pay it.” That supplication is :

اللَّهُمَّ يَا فَارِجَ الْهَمِّ وَمُنْفِسَ الْغَمِّ وَمُذْهِبَ الْأَحْزَانِ وَمُجِيبَ دَعْوَةِ
الْمُضْطَرِّينَ يَا رَحْمَنُ الدُّنْيَا وَالْآخِرَةِ وَرَحِيمَهُمَا أَنْتَ رَحْمَنِي
وَرَحْمَنُ عَلَى كُلِّ شَيْءٍ فَارِحْمَنِي رَحْمَةً تُغْنِيَنِي بِهَا عَنْ رَحْمَةِ مَنْ
سِوَاكَ وَتَقْضِيْ بِهَا عَنِّي الدَّيْنَ .

4th solution:

Syed Hibatullah Rawandi (R.A) says that:

“Whoever recites Surah Talaq with the intention of paying his debts, then they will be easily paid.”

5th solution:

Ayatullah Kashmiri was asked if there was any supplication for paying debts. He prescribed this duaa as highly effective:

يَا قَاضِيَ الدُّيُونِ مِنْ خَزَائِنِكَ الْمَكْنُونِ الَّتِي هِيَ بَيْنَ الْكَافِ
وَالنُّونِ أَقْضِ دَيْنِي وَدَيْنَ كُلِّ مَدْيُونٍ -

6th solution:

For the payment of debts, recitation of this litany eleven thousand times is highly effective.

يَا قَوِيَّ يَا غَنِيَّ يَا عَلِيَّ يَا وَفِيَّ -

7th solution:

A grieved person, weighed down by debts came to Ayatullah Mara'shi Najafi and said : “Agha! I am so much indebted that I have lost my sleep and sometimes even my Fajr prayer becomes qaza.” The Ayatullah replied: “Recite this litany:

اَللّٰهُمَّ اَغْنِنِيْ بِحَالَكَ عَنْ حَرَامِكَ بِفَضْلِكَ عَمَّنْ سِوَاكَ .

And recite it once after every prayer (Salaat).” The indebted person enquired, : “ Is it sufficient to recite this only once for the payment of this debt?” The Ayatullah replied, “ Recite this zikr 110 times after Fajr prayer.” The person started acting upon this daily, until all his debts were paid. After this, whoever recited this litany for the payment of debts, Mashallah all were relieved quickly.

8th solution:

The Surah Al-Hamd is highly effective for the payment of debts. Recitation should be 41 times for 41 days and its effects become visible as early as in the first week. But there is one condition that should be adhered to, and that is, this recitation should be practiced daily in the same place and at the same time. If the time and place are changed, then the recitation should be commenced once again.

9th solution:

According to Ayatullah Kashmiri (R.A), recitation of Astaghfar 3000 times daily is highly beneficial for the payment of debts. For new recitors or beginners 1001 times is sufficient.

Problem no.60

I am worried about the safety of my house.

Solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“Allah protects the house and the neighbouring houses of the person who recites Surah Tauheed 11 times at bedtime.”

Problem no.61

**I am afraid that because of my deeds,
I might not be worthy of the companionship
of the Holy Prophet (S.A.W.W)
and Mola Ali (A.S) in the hereafter.**

1st solution:

Hazrat Imam Jafar Sadiq (A.S) says: “The person who recites Surah Jinn frequently in his lifetime will be with the Prophet Mohammad (S.A.W.W) and he will say: O Lord! I do not need anything other than the companionship of Hazrat Mohamamd(S.A.W.W).”

2nd solution:

Hazrat Imam Mohammad Baqir (A.S) said: “The person who recites Surah Qayamat regularly and acts upon it, will be given a beautiful visage by Allah and Allah will make him emerge from his grave along with the Prophet Mohammad (S.A.W.W) ; he will be given glad tidings and he will pass by the measuring scales (of deeds) and across the bridge above Hell, smiling.”

3rd Solution:

Hazrat Imam Jafar Sadiq (A.S) says: “The person who recites Surah Wal-Adiyat regularly will be resurrected by Allah specially with Hazrat Ameer ul Momineen (A.S) on the day of Recurrection and he will be with Hazrat Ameer ul Momineen (A.S) in his room and he will be among his friends.”

Problem no.62

I am very apprehensive about the hereafter.

1st Solution:

Hazrat Mohammad (S.A.W.W) said:

“The person who recites Surah Abasa will emerge from his grave smiling and laughing on the Day of Resurrection.”

2nd Solution:

Hazrat Mohammad (S.A.W.W) said:

“The person who recites Surah Takwir will be under the protection of Allah from disgrace at the time of measurement of deeds on the Day of Resurrection, and he will be looking towards the peace-giving Prophet of Islam(S.A.W.W).”

3rd solution:

Recitation of the Divine name **الْبَارِئُ** 100 times daily will cause Allah to create an angel who will be appointed as a friend of the recitor until the day of Judgement.

4th solution:

The Prophet Mohammad (S.A.W.W) said:

“When the recitor of Surah Nasr will appear on the day of Judgement, he will be accompanied by a speaking book, and when Allah resurrects him from his grave, then that book will have a treatise of mercy for protection from the bridge above Hell, the fire of Hell and from the fearful sounds of Hell.”

Problem no.63

I am filled with fear when I think that

I might be thrown in Hell

1st solution:

Hazrat Imam Jafar Sadiq (A.S) says: “The person who recites Surah Jathiyah will get the reward that he will never see Hell, and he will never hear the noises of Hell, and he will be bestowed with the companionship of the Prophet Mohammad (S.A.W.W).”

2nd solution:

The Prophet Mohammad (S.A.W.W) said: “When a person recites this duaa upon seeing a Christian or a Jew, then Allah will never keep him and that Kafir together in Hell.” That duaa is

الْحَمْدُ لِلَّهِ الَّذِي فَضَّلَنِي عَلَيْكَ بِالْإِسْلَامِ دِينًا وَبِالْقُرْآنِ كِتَابًا وَ
بِمُحَمَّدٍ نَبِيًّا وَبِعَلِيِّ إِمَامًا وَبِالْمُؤْمِنِينَ إِخْوَانًا وَبِالْكَعْبَةِ قِبْلَةً۔

3rd solution:

Hazrat Amir-ul-Momineen(A.S) says that he heard the Prophet Mohammad (S.A.W.W) speak from the pulpit: “If a person recites Ayat-ul-Kursi as part of the supplications after the wajib prayer, then there shall be no barrier between him and Paradise.” (He will straightaway enter Paradise)

Problem no.64

People have become my enemies

1st solution:

Writing and keeping Surah Hadeed with oneself, keeps one safe from enemies.

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“Whoever recites Surah Nasr during the obligatory or recommended prayer (salaat), will be given victory over all his foes by Allah.”

3rd solution:

For protection from enemies and for driving them away, this litany should be recited a thousand times: (Surah Hjr-Verse 95)

إِنَّا كَفَيْنَاكَ الْمُسْتَهْزِئِينَ .

4th solution:

According to Khwaja Nasiruddin Tusy(R.A) and Allama Majlisi(R.A):

“Recitation of this litany 100 times, drives away enemies:

يَا قَاهِرَ الْعَدُوِّ يَا وَالِي الْوَلِيِّ يَا مَظْهَرَ الْعَجَائِبِ يَا مُرْتَضَىٰ عَلِيٍّ

5th solution:

If the enemy is powerful then recitation of the Divine name **الْوَدُودُ** , 2222 times, for 40 days will soften the enemy's heart and will make him merciful.

Problem no.65

I feel that I no longer trust and rely on Allah.

1st solution:

Recitation of the divine name **الْمَتِينُ** daily 366 times gives us trust in Allah.

2nd solution:

If a person is able to recite daily **اللَّهُ** 100 times, then he will be included among those who have conviction.

3rd solution:

The recitor of **يَا اللَّهُ يَا هُوَ** 1000 times daily is included among the persons having conviction and trust, and whatever he wishes is exposed and becomes known to him.

Problem no.66

I have no respect among people and what I say has no importance.

1st solution:

Hazrat Imam Jafar Sadiq (A.S) says: " Whoever writes Surah Ahqaf, washes it with ZamZam water, and drinks it, will become a favourite among people."

2nd solution:

Hazrat Mohammad (S.A.W.W) says: " Whoever writes Surah HaMim, washes it with ZamZam water and drinks it will be heard among people, and whatever he hears he will be able to memorize it."

3rd solution:

Prophet Mohammad (S.A.W.W) said: “ If a person writes Surah Qamar at the time of Zuhr on Friday and keeps it in his turban or with himself, will become the most beautiful and the most beloved among people.”

4th solution:

Excessive repetition of the divine name **الْجَلِيلُ** will make a person achieve dignity, respect, awe and fame among society.

5th solution:

To achieve fame and respect among people, one should offer 2 rakaats of namaz and then recite 500 times this Quranic verse:

مَنْ كَانَ يُرِيدُ الْعِزَّةَ فَلِلَّهِ الْعِزَّةُ جَمِيعًا

It is preferable to recite it 300 times. Some scholars recommend recitation of this verse on Thursday. The awesome effects of the recitation of this verse have been tried and tested.

6th solution:

According to scholars, the divine name **يَا عَزِيزُ** should be recited 100 times after midnight, facing the Holy Kaabah (Qiblah), with the head uncovered and the sleeves rolled up. This is recommended for achieving respect.

Problem no.67

People hurl accusations and charges on me.

1st solution:

Islamic scholars say that: Recitation of Nad-e-Ali (A.S), 40 times (altogether) in the day and night, removes allegations.

2nd solution:

According to Imam Jafar Sadiq (A.S), recitation of Surah Humazah, 21 times for protection from verbal abusers is highly beneficial.

3rd solution:

According to a narration by Hazrat Imam Jafar Sadiq (A.S), recitation of Surah Buruj 3 times for protection from false accusations is beneficial.

Problem no.68

I am not getting promoted to a higher level at the workplace.

Solution:

Recitation of the divine name **الضَّارُّ** 100 times every Thursday night is highly beneficial for achievement of wealth and promotions.

Problem no.69

Upon leaving the house I fear being robbed

Solution:

When embarking on a journey or upon leaving the house if Surah Buruj is recited 3 times and is written and kept in the house, then the house's inmates, their belongings and their house will be safe from all calamities until they return.

Problem no.70

I and my family members are mostly ill

1st solution:

A companion of Imam Mohammad Baqir (A.S), by the name of Mohammad Ibn-e-Muslim became so ill that he was not capable of walking. The Imam sent him a bowl (utensil) and instructed the slave not to return before making him drink it. As soon as Mohammad Bin Muslim drank from it, he became absolutely well and felt unusually energetic. He himself went to the Imam (A.S) who said: "The beverage you have just had, has dust particles from Imam Hussain's (A.S) grave mixed in it, and dust from Imam Hussain's grave is the best medicine. No medicine can equal it. We use it in our homes as a medicine and it has thousands of benefits."

Therefore, few genuine dust particles from Imam Hussain(A.S)'s grave should be diluted in water and partaken of with the intention of achieving cure.

2nd solution:

A person was severely ill and was not able to recover despite seeking treatment. Disheartened, he came to Imam Jafar Sadiq (A.S) and asked for medicine. The Imam said: "You should ask your wife for a small amount of money from her right of dower. With that amount, buy a little honey, mix it with rainwater and then use it. Inshallah you will receive health and cure."

The person acted accordingly and was completely cured. Amazed, he asked the Imam about it and the Imam replied that Allah has said in the Holy Quran that:

“Give your women their right of dower willingly: if they give you something from it happily, then consider it pleasant and use it.” (Surah Nisa Verse 9)

And Allah has said with regard to honey that:

“It has cure for people.” (Surah Nahl Verse 69)

“And we sent blessed water from the heavens.” (Surah Qaf Verse 9)

The Imam said : “ When you bought cure from pleasant money and mixed it with blessed water, the result was a prescription for perfect cure.”

3rd solution:

Allama Barqi has narrated from Imam Sadiq (A.S) in his book 'Mahasin' that Hazrat Amir-ul-Momineen(A.S) has said:

“Remembrance of us Ahlul-Bait (A.S) is the cure for physical as well as spiritual diseases (and) protects from Satanic doubts.”

4th solution:

Hazrat Mohammad (S.A.W.W) said:

“If a person writes Surah Zukhruf and drinks its water then he will not need any medicine for any ailment.”

5th solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If a person writes Surah Ahqaf, washes it and then applies the water to the painful spot, then by the grace of Allah, he will be cured of all diseases and will recover.”

6th solution:

Hazrat Mohammad (S.A.W.W) said: “Recitation of Surah Mujadilah near the ill person gives him peace and respite.”

7th solution:

Imam Jafar Sadiq (A.S) said: “If a person recites Surah Tariq upon something and then drinks it considering it a remedy, then he will become cured.”

8th solution:

For the treatment of chronic diseases, Surah Al-Hamd should be recited 41 times, for 41 days during the Fajr prayer and during the morning recommended prayer.

Aqai Nasrullah Brojardi says: “ According to a pious elderly person, if Surah Al-Hamd is recited 40 times with extreme sincerity and devotion upon a deceased person, and he becomes alive, then it should not be a surprise.”

He says that “ I conducted this experiment myself. I recited Surah Al-Hamd 40 times upon a dead fly. Suddenly the fly moved and flew away. I was doubtful about this experiment. And I took another dead honey bee and dissected its body into several parts. Then I recited Surah Al-Hamd 40 times. To my utter amazement, the parts of the bee joined together and it flew away as a whole. After this episode, I became convinced about the miracles and blessings of this divine Surah.”

9th solution:

For the complete recovery from all diseases, verse 82 of Surah Bani Israel is highly effective, if recited 7 times:

وَنَزَّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ لَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا ۝

It should then be said; يَا كَافِي يَا كَاشِفَ الْمَرَضِ

Inshallah the patient will be completely cured.

10th solution:

According to Imam Ali Raza (A.S), whoever recites 131 times with the intention of recovery from disease, then the patient will be cured.

11th solution:

The late Naraqhi has narrated in his book 'Kitab-e-Khazain', from Sheikh Sudduq's book 'Uyun-e-Akhbar-ir-Reza' and he has given the credentials of this hadith which is stated as follows:

Muhaddith Sayed Nemat-ullah Jazairi says that the credentials of this hadith (chain of narrations) are described in the narration itself. If this hadith and its credentials are recited on upon a patient then he will become cured. Even if the chain of credentials is recited upon an insane person, he will be cured.

Many people have experienced this cure of several patients and have always benefitted from it. The main body of the hadith and its credentials are:

عَنْ عَلِيِّ ابْنِ مُوسَى الرِّضَا ، عَنْ مُوسَى ابْنِ جَعْفَرٍ ، عَنْ جَعْفَرِ ابْنِ مُحَمَّدٍ ،
عَنْ مُحَمَّدِ ابْنِ عَلِيٍّ ، عَنْ عَلِيِّ ابْنِ الْحُسَيْنِ ، عَنْ عَلِيِّ ابْنِ أَبِي طَالِبٍ ،
عَنِ النَّبِيِّ ، عَنْ جَبْرَائِيلَ ، عَنْ إِسْرَافِيلَ ، عَنْ مِيكَائِيلَ ،
عَنِ اللُّوحِ ، عَنِ الْقَلَمِ ، قَالَ اللَّهُ عَزَّوَجَلَّ وَلَا يَأْتِي ابْنَ أَبِي طَالِبٍ
حِصْنِي ، فَمَنْ دَخَلَ حِصْنِي أَمِنَ مِنْ عَذَابِي -

Translation: Allah says "The sovereignty of Ali (A.S) is my fortress. Whoever enters this citadel is safe from punishment"

12th solution:

Sheikh Bihaee says that if this supplication is recited 7 times while prostrating with the purpose of any desire and if that desire is not fulfilled then that person may fight with me on the day of Judgement. Similarly, if this supplication is recited 7 times while prostrating for the

recovery of a sick person then he will surely become well again even though he may be on the brink of death. That supplication is:

لَا إِلَهَ إِلَّا اللَّهُ بَعِزَّتْكَ وَقُدْرَتُكَ لَا إِلَهَ إِلَّا اللَّهُ بِحَقِّ حَقِّكَ وَخُرْمَتِكَ
لَا إِلَهَ إِلَّا اللَّهُ فَرَّجْ بَرَحْمَتِكَ -

13th solution:

According to hadith of Imam Raza (A.S), if the divine name يَا وَاحِدُ

is recited 101 times daily for recovery from a severe disease, then that disease will disappear and recovery will be granted.

14th solution:

Imam Mohammad Baqir (A.S) says: "If a person does not achieve health through Surah Al-Hamd and Surah Tauheed, then nothing can make him achieve health." These two surahs relieve disease and sickness.

15th solution:

Imam Ali Raza (A.S) says: "Recite this supplication when in pain or sickness of any kind." (Inshallah will recover)

وَمُذْهِبُ الدَّاءِ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ وَأَنْزِلْ عَلَيَّ وَجْعِي الشِّفَاءَ -

Translation: O He who heals! O He who gives respite from disease! Bestow blessings upon Mohammad (S.A.W.W) and upon his progeny! And heal me of my pain.

Problem no.71

I am facing financial difficulties

1st solution:

If a person performs ablution and facing the qiblah (Holy Kaaba), recites Surah Qaf 3 times consecutively, and asks Allah for his desires then he will become wealthy and all his wishes will be fulfilled.

2nd solution:

Prophet Mohammad (S.A.W.W) says: "The person who regularly recites Surah Waqiah will be relieved of poverty, his supplications will be answered, his memory will be strengthened and he will be blessed with abundance of wealth."

3rd solution:

Hazrat Imam Jafar Sadiq (A.S) says: "The person who recites Surah Qalam in the obligatory and recommended prayers (Salaat) will be relieved forever from poverty by Allah, and when he dies, Allah will relieve him from the calamities of the grave."

4th solution:

Prophet Mohammad (S.A.W.W) says: "Whoever writes Surah Al-Qariyah and keeps it with him, his sustenance will be increased."

5th solution:

It has been experienced that every Friday, the following Quranic verse should be written in a single line, in between two salaats (prayers) and kept in the safe, locker or wallet, for unlimited sustenance. This way the locker will never remain empty.

(Surah Aaraf. Verse 10. Chapter 8) بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَلَقَدْ مَكَّنَّاكُمْ فِي الْأَرْضِ وَجَعَلْنَا لَكُمْ فِيهَا مَعَايِشَ ۗ قَلِيلًا مَّا تَشْكُرُونَ ۝

6th solution:

If the following two verses are written and tied to the right arm, then sustenance will be greatly increased.

(Surah Fatah. Verse 1) إِنَّا فَتَحْنَا لَكَ فَتْحًا مُبِينًا ۝

(Surah Anfaal. Verse 19)

إِنْ تَسْتَفْتِحُوا فَقَدْ جَاءَكُمْ الْفَتْحُ ۚ وَإِنْ تَنْتَهُوا فَهُوَ خَيْرٌ لَكُمْ ۚ وَإِنْ تَعُودُوا نَعُدْ ۚ وَلَنْ تُغْنِيَ عَنْكُمْ فِتْنَتُكُمْ شَيْئًا وَلَوْ كَثُرَتْ ۚ وَإِنَّ اللَّهَ مَعَ الْمُؤْمِنِينَ ۝

7th solution:

Allama Kaf'amy narrates with reference to Prophet Mohammad (S.A.W.W) that once a man came to the Prophet (S.A.W.W) and complained of his disease and poverty. At which the Prophet (S.A.W.W) replied: "Recite this after every obligatory prayer(salaat):

تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ وَالْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا وَلَمْ يَكُنْ لَهُ شَرِيكٌ فِي الْمُلْكِ وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِنَ الذَّلِيلِ وَكَبِّرْهُ تَكْبِيرًا-

On another occasion, Prophet Muhammad (S.A.W.W) said:

"Recite this supplication 10 times every morning and evening and continue this for 3 days, health and wealth will be restored."

8th solution:

If the divine name **أَلَوْهَابُ** is recited during prostration after every Fajr prayer, then Inshallah, the recitor will very soon become wealthy.

9th solution:

Spiritual scholars have recommended recitation of these litanies 1000 times in a week for abundant sustenance:

On Saturday ————— اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

On Sunday ————— يَا رَبَّ الْعَالَمِينَ

On Monday ————— يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

On Tuesday ————— يَا قَاضِيَ الْحَاجَاتِ

On Wednesday ————— يَا أَرْحَمَ الرَّاحِمِينَ

On Thursday ————— يَا حَيُّ يَا قَيُّوْمُ

On Friday ————— لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ -

10th solution:

Hazrat Imam Mohammad Baqir (A.S) instructed Zaid Hashaam to recite this supplication during prostration in every obligatory salaah (prayer), for abundant sustenance.

يَا خَيْرَ الْمَسْئُولِينَ وَيَا خَيْرَ الْمُعْطِينَ ارْزُقْنِي وَارْزُقْ عِيَالِي مِنْ
فَضْلِكَ فَإِنَّكَ ذُو الْفَضْلِ الْعَظِيمِ -

Translation: O excellent one! From whom is asked, O excellent giver! give me sustenance and give my family sustenance, by Your generosity because indeed You are Greatly generous, bountiful.

11th solution:

Recitation of يَا فَتَّاحُ 70 times after every Fajr prayer is highly effective for abundant sustenance.

12th solution: Imam Jafar Sadiq (A.S) said: "Whoever has meagre sustenance should recite Surah Mariam 7 times and his sustenance will be increased."

13th solution:

Imam Jafar Sadiq (A.S) says: "Whoever writes Surah Kahaf and places it inside a narrow-mouthed bottle, and places the bottle in the home, then he will be safe from poverty, debt, torment caused by people and he will never be needy."

14th solution:

According to a tradition, if يَا وَهَّابُ is recited 100 times while facing the Qibla at midnight, bare-headed and with sleeves rolled back, then Allah will make the recitor wealthy.

15th solution:

In the book ' Kitab-e-Khawass-e-Asma-illah' it is mentioned that if a person recites الْعَنَى الْمُغْنَى ten thousand times on 10 Fridays and in this duration he does not consume the meat of any animal, then Allah

will make him wealthy and independent.

16th solution:

It is narrated by Prophet Mohammad (S.A.W.W) that whoever recites this supplication 100 times in the day and night will become rich and independent:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
يَا كَثِيرَ الْخَيْرِ يَا ذَا الْمَعْرُوفِ يَا قَدِيمَ الْإِحْسَانِ أَحْسِنْ إِلَيْنَا
بِإِحْسَانِكَ الْقَدِيمِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّحِمِينَ -

17th solution:

According to Mir Baqir Damad (R.A) in his book 'Khutumat-e-Mujarribah', these divine names should be recited 2365 times for increased sustenance: يَا كَافِي يَا غَنِي يَا فَتَّاح يَا رَزَّاق -

18th solution:

Recitation of this litany 100 times in the four corners of the home is extremely beneficial:

سُبْحَانَ اللَّهِ الْعَظِيمِ أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ -

19th solution:

It has been narrated by the writer of the book 'At-Tohfa-tur-Razavia' that Sheikh Mohammad Rushty who was a practicing scholar, said that if this Quranic verse is recited 27 times repetitively after Fajr prayer for 40 days, then before the completion of 40 days, there will be an amazing and unique improvement in sustenance. That verse is:

إِنَّ اللَّهَ هُوَ الرَّزَّاقُ ذُو الْقُوَّةِ الْمَتِينُ ۝

(Suarh Waz-Zariyat. Verse 58)

20th solution:

According to Sheikh Mufid(R.A), recitation of this Quranic verse 7 times for enhanced sustenance is very beneficial:

اللَّهُ لَطِيفٌ بِعِبَادِهِ يَرْزُقُ مَنْ يَشَاءُ وَهُوَ الْقَوِيُّ الْعَزِيزُ .

After this another dua should be recited 7 times:

اللَّهُمَّ اَدِمْ نِعْمَتَكَ وَالْطُّفْ بِنا فِيمَا قَدَّرْتَهُ عَلَيْنَا .

21st solution:

If this Quranic verse is recited 3 times daily after Fajr prayer then sustenance will be achieved from an unexpected source. That verse is:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قَالَ عِيسَى ابْنُ مَرْيَمَ اللَّهُمَّ رَبَّنَا أَنْزِلْ عَلَيْنَا مَائِدَةً مِنَ السَّمَاءِ تَكُونُ لَنَا
عِيداً لَأَوَّلِنَا وَآخِرِنَا وَآيَةً مِنْكَ وَارْزُقْنَا وَأَنْتَ خَيْرُ الرَّازِقِينَ ۝

(Surah Maidah. Verse 114. Chapter 7)

22nd solution:

According to the late Syed Mohammad Khamenei Tabrezi (R.A), if Surah Waz Zariyat is recited daily, along with Surah Talaq, Surah Muzammil and Surah Alam-Nashrah, then sustenance will be blessed from an incomprehensible source. If it is not possible to recite these surahs in the daytime then they should be recited at night.

Sheikh Sudduq narrated from Imam Jafar Sadiq (A.S) that:

“Whosoever recites Surah Waz Zariyat at night or in the day, then Allah will amend his economy and his sustenance will be enhanced greatly.”

23rd solution:

According to a tradition, if a person performs ablution and in the middle of the night recites يَا بَاسِطُ 40424 times, and practices this act for three consecutive nights, then his poverty and worries will disappear as if by magic.

24th solution:

Recitation of the divine name يَاسْمُحُ 12 thousand times is extremely beneficial for increasing sustenance.

25th solution:

The late Aqai Naraqi(R.A) has narrated in the book 'Kitab-e-Khazain' that according to Shaheed-e-Thani and other elders, recitation of this supplication 400 times repetitively for two months will cause Allah to enhance the recitor's knowledge and wealth greatly. That supplication is:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ بَدِيعُ السَّمَوَاتِ وَالْأَرْضِ
مِنْ جَمِيعِ ظُلْمِي وَجُرْمِي وَإِسْرَافِي عَلَى نَفْسِي وَأَتُوبُ إِلَيْهِ -

26th solution:

The late Ayatullah Khurasani (R.A) says that recitation of this zikr daily, 70 times is highly beneficial for enhancement in sustenance:

اللَّهُمَّ صَلِّ عَلَى فَاطِمَةَ وَآبِهَا وَبَعْلِهَا وَبَنِيهَا بَعْدَ مَا أَحَاطَ بِهِ عِلْمُكَ
وَاحْصَاهُ بِكِتَابِكَ -

27th solution:

For acquiring abundant sustenance without too much exertion, recitation of verse 73 of Surah Aal-e-Imran daily, 350 times is extremely beneficial. That verse is:

قُلْ إِنَّ الْفَضْلَ بِيَدِ اللَّهِ يُؤْتِيهِ مَنْ يَشَاءُ
وَاللَّهُ ذُو الْفَضْلِ الْعَظِيمِ ۝

Problem no.72

I wish to have abundant and lawful sustenance

1st solution:

Recitation of Surah Waz Zariyat once daily brings about abundant and lawful sustenance in an astonishing way.

2nd solution:

Regular recitation of Surah Qaf brings about abundant and lawful sustenance.

Problem no.73

I feel as if my heart has become absolutely dark

1st solution:

Daily recitation of **اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ** 1001 times, after the Fajr prayer, is particularly beneficial for illuminating the heart.

2nd solution:

For enlightening the heart, Allama Kaf'amy (R.A) has recommended recitation of **يَا فَتَّاحُ**, 7 times while placing the hand on the chest after the Fajr prayer.

3rd solution:

For illuminating the heart, recitation of this litany 3 times after every salaah(prayer) is very beneficial:

**أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ذُو الْجَلَالِ
وَالْإِكْرَامِ وَ أَتُوبُ إِلَيْهِ۔**

It is mentioned in Mafatih-ul-Jinaan that the recitor of this supplication will be cleansed of sins, despite their being equal to the waters in a river.

4th solution:

Hazrat Imam Jafar Sadiq(A.S) says that the person who recites Surah Nur, his heart will be illumined with the glow of belief by Allah.

5th solution:

Recitation of Tasbehat-e-Arba, 30 times after every salaah is very effective for acquiring a glowing heart.

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ .

Problem no.74

How unfortunate I am that I have not yet been blessed with the ziarat(visitation) of the

Prophet Mohammad(S.A.W.W)

1st solution:

It is mentioned in the book 'Shifa-us-Sudur' that if these 7 verses of the Holy Quran are recited 3 times at bedtime, then the person will be blessed with the ziarat(visitation) of the Prophet Mohammad(S.A.W.W) in his dreams. Those verses are:

**وَكَفَى بِاللَّهِ وَكِيلًا ۝ وَكَفَى بِاللَّهِ نَصِيرًا ۝ وَكَفَى بِاللَّهِ حَسِيبًا ۝ وَكَفَى
بِاللَّهِ وَكِيلًا ۝ وَكَفَى بِرَبِّكَ هَادِيًا وَنَصِيرًا ۝ وَكَفَى اللَّهُ الْمُؤْمِنِينَ
الْقِتَالَ ۝ وَكَانَ اللَّهُ قَوِيًّا عَزِيزًا ۝**

2nd solution:

According to religious scholars, if Surah Kafirun is recited after midnight on Thursday evening then the person will be blessed with the ziarat(visitation) of the holy face of the Prophet Mohammad(S.A.W.W) InshAllah.

Problem no.75

Why is it that each and every prayer of mine is not answered in the affirmative?

Solution:

If the divine name “ يَا اللَّهُ يَا هُوَ ” is recited 99 times after midnight while standing under the sky and after performing ablution, then the person will become ‘mustujab-ud-daawa’ and all his prayers will be answered.

Problem no.76

How unfortunate I am that I have not been blessed with the ziarat of my Imam-e-Zamana(A.S)

Solution:

Imam Sadiq(A.S) says that: “The person who recites Surah Bani Israeel every Thursday night will not meet death until he is blessed with the ziarat of Hazrat Qaaim(A.S) and is included in his companions.”

Problem no.77

I fear my own ignorance

1st solution:

Imam Jafar Sadiq (A.S) says: “The person who recites Surah Yusuf (A.S) once after every two or three months will not have the fear of his own ignorance. (Instead), he will be among the favourites on the day of Judgement.”

2nd solution:

According to a tradition, if a person recites this supplication 100 times daily for 2 months then Allah will bestow him with the wealth of knowledge:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ بَدِيعُ السَّمَوَاتِ وَالْأَرْضِ
مِنْ جَمِيعِ ظُلْمِي وَإِسْرَافِي عَلَى نَفْسِي وَآتُوبُ إِلَيْهِ -

Problem no.78

I greatly dread that my life will end badly (sinfully)

1st solution:

Prophet Mohammad (S.A.W.W) said: “If a person lying on his death bed recites Surah Yasin then the angel of death will not draw his soul until he quenches the thirst of the dying person with the drink of Paradise. When he lies on his bed, then the angel of death will draw his soul and by that time, the dying person will be satiated.”

2nd solution:

The Holy Prophet (S.A.W.W) said: “The recitor of Surah Wal-Asar will be granted 10 spiritual rewards by Allah and he will die with correct belief and religion.”

Problem no.79

I greatly fear the agonies of death

1st solution:

Hazrat Imam Musa Kazim(A.S) says: “If Surah Saffat is recited upon a dying person then Allah will draw his soul gently and with ease.”

2nd solution:

Prophet Mohammad(S.A.W.W) says: “Allah will ease the agonies of death for the person who recites Surah Qaf.”

3rd solution:

Prophet Mohammad (S.A.W.W) says:

“If a Muslim recites Surah Yusuf(A.S) and teaches his family to recite it then Allah will ease the agonies of death for him.”

Problem no.80

When faced with great difficulty and calamity,

I can't think of what to do

1st solution:

Whenever you are aghast at something then recite 100 verses of the Holy Quran (from any place) and beseech Allah to rid you of all troubles. Inshallah you will be relieved of the trouble.

2nd solution:

For instant Divine assistance, recitation of Zikr-e-Yunusia is extremely effective. That zikr is:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ.

3rd solution:

It is mentioned in Usul-e-Kafi that the Prophet Mohammad(S.A.W.W) taught this supplication to one of his companions who was facing immense hardship. By the blessings of this supplication, he was relieved of his difficulties within days of reciting it. That supplication is:

تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ وَالْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ صَاحِبَةً
وَلَا وَلَدًا وَلَمْ يَكُنْ لَهُ شَرِيكٌ فِي الْمُلْكِ وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِنَ الذُّلِّ
وَكَبِّرْهُ تَكْبِيرًا.

Problem no.81

I can not achieve sincerity in religious acts

Solution:

If a person desires to achieve the wealth of sincerity, then he should recite the divine name يَا وَاحِدُ , 105 times after every Fajr prayer.

Problem no.82

My boss is very strict and harasses me a lot

1st solution:

The recitor of the divine name يَارَحِيمُ 100 times daily is made kinder by the Almighty and the entire creations are made kinder towards the recitor.

2nd solution:

Recitation of يَامُطِيعُ 7 times daily for 7 days makes hard-hearted persons gentler towards the recitor.

3rd solution:

According to a tradition narrated by Imam Jafar Sadiq (A.S), if a person recites Surah Alaq 3 times before meeting a superior person or a ruler, then he is secure from him.

4th solution:

Hazrat Imam Jafar Sadiq (A.S) says:

“If a person fears a superior person or a ruler then he should close his right fist while saying كَهَيْعَتِي (i.e. close one finger after saying one letter) and then close his left fist similarly while saying حَمَّ عَسَقِي (and closing one finger after the other). He should then recite this verse of Surah Taha :

وَعَنْتِ الْوُجُوهُ لِلْحَيِّ الْقَيُّومِ ۖ وَقَدْ خَابَ مَنْ حَمَلَ ظُلْمًا

(Surah Taha verse 111)

He should then meet that ruler and open both fists before him and thus he will be protected from his evil.

Problem no.83

There is constant discord and disharmony between spouses

1st solution:

According to a tradition, if it is desired that love should be increased between spouses (and mutual disagreements should end) then the divine name **الْوَدُودُ** should be recited 1001 times on any dessert (sweet) and given to the couple to eat. Inshallah, love and harmony between them will be evoked and their constant disagreements and quarrels will end.

2nd solution:

If a patch-up between two persons is desired, then recitation of Surah Taha is extremely effective in this regard. It should be recited before going out for the reconciliation. Inshallah their differences will end.

3rd solution:

If a person desires reconciliation between two persons, then he should recite Surah Ma'arij 80 times.

4th solution:

According to Imam Jafar Sadiq (A.S), if Surah Nisaa is recited with the intention of reconciliation between spouses, then his purpose will be achieved.

5th solution:

According to Imam Jafar Sadiq (A.S), Surah Jum'a should be recited 5 times for mutual agreement between spouses.

Problem no.84

Muslims and Mumineen are greatly oppressed by kaafirs and disbelievers

1st solution:

If the divine name **الْمُيْتُ** is recited 1570 times for 40 days then the oppressor or the enemy will die.

2nd solution:

If the divine name **الْمُنْتَقِمُ** is recited daily 661 times beginning from Thursday night in such a way that 3 Thursday nights pass by, then the enemy will be thwarted or overcome.

3rd solution:

To overcome the enemy, recitation of **يَا قَهَّارُ**, 360 times daily after the Fajr prayer is extremely effective.

4th solution:

Recitation of **يَا قَابِضُ** 1000 times every Thursday night with the intention of overcoming the enemy is extremely beneficial.

5th solution:

According to Sheikh Toosy, if it is desired that the enemy should be thwarted then this litany should be recited repetitively 100 times:

يَا قَاهِرَ الْعَدُوِّ يَا وَالِي الْوَلِيِّ يَا مَظْهَرَ الْعَجَائِبِ يَا مُرْتَضَى عَلَيَّ

6th solution:

According to Imam Jafar Sadiq (A.S), Surah Nasr should be recited 21 times for repelling the enemies and 7 times for repelling evils.

7th solution:

To remove fear of the enemy, recitation of this litany is very beneficial if recited 2162 times in one sitting:

رَبِّ اَيُّيْ مَغْلُوبٌ فَاَنْتَصِرُ

8th solution:

Daily recitation of these words 99 times and beseeching Allah against enemies is extremely beneficial:

يَا غِيَاثِيْ عِنْدَ كُلِّ شِدَّةٍ وَ مُجِيبِيْ عِنْدَ كُلِّ دَعْوَةٍ

9th solution:

According to the late Allama Naraqhi (R.A), it is narrated by Imam Zain-ul-Abideen (A.S) that if this zikr is recited after Fajr prayer without any gap, then the enemy will be overcome:

اَللّٰهُمَّ اِنِّىْ ضَعِيْفٌ وَّاَعْدَائِيْ اَقْوِيَاءُ وَاَنْتَ الْاَقْوَى وَّقِنِيْ شَرَّهُمْ وَاكْفِنِيْ اَمْرَهُمْ وَاَعِنِّيْ عَلَيْهِمْ بِحَوْلِكَ وَقُوَّتِكَ يَا قَوِيٌّ۔

10th solution:

According to Mir Damad (R.A), if **يَا قَاهِرَ الْعُدُوِّ** is recited 111 times, then help arrives immediately against the oppressor.

11th solution:

To keep enemies at bay, recitation of **حَسْبِيَ اللّٰهُ** daily, 146 times for one week protects from the enemies. However, this zikr should be commenced on Thursday preferably.

12th solution:

For the annihilation of enemies and oppressors, recitation of this zikr, 1000 times daily is highly effective:

يَا مُدِلُّ كُلِّ جَبَّارٍ عِنْدَهُ بِقَهْرٍ عَزِيزٍ سُلْطَانِهِ۔

13th solution:

Recite this zikr 90 times with utmost sincerity for prevention from the tyranny of the oppressor:

اَلنَّجَاةُ مِنْكَ سَيِّدِي الْكَرِيْمِ نَجِّنِيْ وَ خَلِّصْنِيْ بِحَقِّ بِسْمِ اللّٰهِ
الرَّحْمٰنِ الرَّحِيْمِ ۔

Problem no.85

I fear that civil war may break out in my

city or country or the neighbouring

Country may attack us

Solution:

Prophet Mohammad (S.A.W.W) says: "The person who writes Surah Hujrat and keeps it with him will be protected from every war and battle, Allah will bless him with victory, and by the grace of Allah, the doors of divine blessings will be opened for that person."

Problem no.86

Despite witnessing sins and blasphemous acts,

I am unable to protest

Solution:

Hazrat Imam Jafar Sadiq (A.S) says: "If a person recites Surah Nur at bedtime, or the Surah is recited upon him, or the written Surah is with him, then he will begin enjoining the good and forbidding the evil; he

will love Allah and his Prophet (S.A.W.W) and he will refrain from evil things.”

Problem no.87

I have become faint-hearted

Solution:

Hazrat Imam Jafar Sadiq (A.S) says: “If a person writes Surah Hud with saffron and drinks (the water) in the morning and at night for 3 days, then his heart shall become strong and healthy.”

Problem no.88

I wish to be cured completely of all illnesses

1st solution:

Imam Jafar Sadiq (A.S) says: “Man can be cured of all illnesses if he recites this 40 times after the Fajr prayer :, :

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ تَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ -

And (while reciting this), he should press his hand over the diseased or painful part (of his body). As a result, he will become healthy and Allah will grant him recovery.”

2nd solution:

Prophet Mohammad (S.A.W.W) said: “The person who writes Surah Shua'ra and drinks its water will be granted recovery from all diseases by Allah.”

3rd solution:

For complete cure from all illnesses, if the patient recites this verse of Shifa

وَنَزَّلَ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ
وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا -

And then recites 7 times يَا كَافِي يَا كَاشِفَ الْمَرَضِ then by the grace of Allah, he will be completely cured.

Problem no.89

My memory has become weak and I often forget

1st solution:

Prophet Mohammad (S.A.W.W) says: “If a person writes Surah Fatah, rinses it with ZamZam water and drinks it then people will comply with his wishes and whatever he hears, he will be able to memorise it.”

2nd solution:

Prophet Mohammad (S.A.W.W) says: “If a person recites Surah Waqiah regularly then his poverty will be removed, his prayers will be answered, and his memory will become strong.”

3rd solution:

Prophet Mohammad (S.A.W.W) says: “If a person recites Surah Shams regularly..... then Allah will bestow him with better memory.”

4th solution:

According to Ayatullah Kashmiri (R.A), recitation of Ayat-ul-Kursi 21 times daily is highly beneficial for strengthening the memory.

5th solution:

If this Quranic verse is recited 41 times upon a dried fig and then it is partaken of, then the memory will become amazingly sharp. That verse is:

إِنَّا نَحْنُ نَزَّلْنَا الذِّكْرَ وَإِنَّا لَهُ لَحَافِظُونَ -

6th solution:

Prophet Mohammad (S.A.W.W) taught this dua to Maula Ali (A.S) for improving the memory. It is recommended to recite it after every salaah (prayer).

سُبْحَانَ مَنْ لَا يَعْتَدِي أَهْلَ مُمْلِكَةٍ سُبْحَانَ مَنْ لَا يَأْخُذُ أَهْلَ
الْأَرْضِ بِالْوَانِ الْعَذَابِ سُبْحَانَ الرَّؤُوفِ الرَّحِيمِ . اَللّهُمَّ اجْعَلْ لِي فِي
قَلْبِي نُورًا وَبَصَرًا وَفَهْمًا وَعِلْمًا إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ .

7th solution:

Hazrat Imam Jafar Sadiq (A.S) says: When you want to recite a hadith of ours, the Satan makes you forget it. Thus, place your hand on your forehead and say:

صَلِّ اللَّهُ عَلَى مُحَمَّدٍ وَآلِهِ اَللّهُمَّ اِنِّي اَسْأَلُكَ يَا مُذَكِّرَ الْخَيْرِ
وَفَاعِلَهُ وَالْأَمْرِ بِهِ ذِكْرُ فِي مَا أَسَانِيهِ الشَّيْطَانُ -

Translation: May Allah bless Mohammad (S.A.W.W) and his progeny. O Allah! I ask you! O He who reminds us of news, who makes us act upon it, and who orders it! Remind me of that which Satan has caused me to forget.

8th solution:

Recitation of this zikr is highly beneficial after the Fajr prayer, without conversing with anyone, for the strengthening of the memory.

يَا حَيُّ يَا قَيُّوْمُ فَلَا يَفُوْثُ شَيْئًا عِلْمُهُ وَلَا يُوْذُهُ .

Translation: O Alive and Everlasting! No knowledge ever escapes Him and never tires Him.

Problem no.90

I often suffer lapses of memory during namaz(salaat)

Solution:

It is narrated from Imam Jafar Sadiq (A.S) in the book 'Man La Yahzurhu Al-Faqih' that: "The person who forgets a lot during prayer should recite this dua when he visits the toilet:

بِسْمِ اللَّهِ وَأَعُوْذُ بِاللّٰهِ مِنَ الرَّجْسِ النَّجِسِ الْخَبِيثِ
الْمُخْبَثِ الشَّيْطَانِ الرَّجِيمِ .

Translation: In the name of Allah, I seek protection of Allah from the unclean, filthy, wicked Satan.

Problem no.91

I wonder if I will be able to achieve martyrdom

1st solution:

Imam Jafar Sadiq (A.S) says: "If a person recites Surah Rahman and when he comes to (فَبَآئِيَ آلَآءِ رَبِّكُمْ أَتُكْذِبَانِ), he should say

لَا بِشَيْءٍ مِّنْ آلَائِكَ رَبِّ أَكْذِبُ -

Translation: "O Allah! I cannot reject any of Your blessings."

Then if he dies that night, he will die as a martyr and if he dies in the day, he will still die a martyr."

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says: “The person who recites Surah Takathur in the obligatory prayer (salaat) will be given spiritual reward equal to 100 martyrs and the person who recites this surah in the recommended prayer will be given spiritual reward equal to 50 martyrs and that person shall be as if 40 rows of angels have performed obligatory prayers with him.”

3rd solution:

Prophet Mohammad (S.A.W.W) says: “The recitor of Surah Ikhlas once will get the spiritual reward equal to the person who believes in Allah, His angels, His books and His apostles, and his reward will be equal to 100 martyrs.”

Problem no.92

I suffer from chronic depression and grief

1st solution:

Prophet Mohammad (S.A.W.W) says: “If a person writes Surah Qasas, washes it and drinks the water, then by Allah's will, his grief and sadness will go away.”

2nd solution:

Imam Jafar Sadiq (A.S) says: “If a person who writes Surah Ankabut, washes it and drinks the water, then he will have heart's ease and his chest will expand.”

3rd solution:

Hazrat Imam Jafar Sadiq (A.S) says: “He who writes Surah Saba with a pen and wraps it in white cloth and keeps it with him then he will be relieved of sorrows.”

4th solution:

It is narrated from Prophet Mohammad (S.A.W.W) in the book ‘Kitab-e-Dawaat-e-Rawandi’ that every person who is aggrieved or sorrowful should say these sentences so that Allah relieves him of his sorrow. Those words are:

اللَّهُ اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ.

The late Aqai Naini (R.A) says that although no specific figure has been specified in the tradition, yet 40 times repetition has been proved more beneficial.

5th solution:

Recitation of this zikr 92 times has been proven to be greatly beneficial in removing every kind of sorrow:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَقِّ مُحَمَّدٍ وَ آلِ مُحَمَّدٍ أَنْ تُنَجِّنِي مِنْ هَذَا الْغَمِّ.

6th solution:

For relief from grief and depression, recitation of this zikr, 2000 times is highly effective:

سَهْلًا بِفَضْلِكَ يَا عَزِيزُ.

7th solution:

When Imam Jafar Sadiq (A.S) was asked as to how we invoke salutations upon Mohammad (S.A.W.W) and his progeny, he replied:

صَلَوْتُ اللَّهَ وَ صَلَوَاتُ مَلَائِكَتِهِ وَ أَنْبِيَائِهِ وَ جَمِيعِ خَلْقِهِ عَلَى مُحَمَّدٍ
وَ آلِ مُحَمَّدٍ وَ السَّلَامُ عَلَيْهِ وَ عَلَيْهِمْ وَ رَحْمَةُ اللَّهِ وَ بَرَكَاتُهُ.

According to some senior scholars, if a person is sorrowful or depressed, then if he recites this salutation few times, his grief and sorrow will be removed immediately.

8th solution:

According to Ayatullah Kashmiri (R.A), if Surah Alam Nashrah is recited once in the morning and once at night for seven days, then all grief and depression will dissolve.

Problem no.93

I am issueless

1st solution:

Sheikh Bihai(R.A) says that 900 women were suggested the following remedy and all of them became mothers:

Write verse 31 of Surah Ra'ad :

وَلَوْ أَنَّ قُرْآنًا سُيِّرَتْ بِهِ الْجِبَالُ أَوْ قُطِعَتْ بِهِ الْأَرْضُ أَوْ كَلِمَ بِهِ الْمَوْتَىٰ
بَلْ لِلَّهِ الْأَمْرُ جَمِيعًا ۖ فَلَمْ يَأْتِ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ الْبَاطِلُ
النَّاسَ جَمِيعًا وَلَا يَزَالُ الَّذِينَ كَفَرُوا تُصِيبُهُمْ بِمَا صَنَعُوا قَارِعَةٌ
أَوْ تَحُلُّ قَرِيْبًا مِّنْ دَارِهِمْ حَتَّىٰ يَأْتِيَ وَعْدُ اللَّهِ ۚ إِنَّ اللَّهَ لَا يُخْلِفُ الْمِيعَادَ ۝

Write this verse by breaking it down into letters e.g :

(ول وان ق رآن)

Then enclose it in an envelope and tie it to the woman's belly. Inshallah she will very soon become a mother.

2nd solution:

If a person writes this verse with saffron upon a sweet edible, after midnight on Thursday night in such a way that no other person is aware of it, then consumes that sweet edible and has intercourse with his wife and repeats this complete ritual on two more Thursday nights, then Inshallah he will be blessed with a child. That verse is :

يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ وَاحِدَةٍ وَخَلَقَ مِنْهَا
زَوْجَهَا وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا وَنِسَاءً ۚ وَاتَّقُوا اللَّهَ الَّذِي تَسَاءَلُونَ بِهِ
وَالْأَرْحَامَ ۚ إِنَّ اللَّهَ كَانَ عَلَيْكُمْ رَقِيبًا۔

(Surah Nisa verse 1)

3rd solution:

It is mentioned in Bihar-ul-Anwar and in “Kamil-uz-Ziarah” that when the news of the tragedy of Karbala reached the cities, 1 lac infertile women went to Karbala for ziarat and by its blessings all of them became mothers.

Problem no.94

I am blessed with daughters but still wish

to have a son as well.

1st solution:

Prophet Mohammad (S.A.W.W) says : “ If a person writes Surah Fajr and ties it to his wife, then Allah will bless him with a son who will be a source of blessing and coolness for his eyes.”

2nd solution:

It is narrated by Imam Jafar Sadiq (A.S) in Kitab-e-Anwar-e-Naumania, in Wafi and in Usul-e-Kafi that:

“When your wife conceives and four months of pregnancy have passed, then turn your face towards Qibla, recite Ayat ul Kursi, place your hand upon her belly and say,

اللَّهُمَّ قَدْ سَمَّيْتَهُ مُحَمَّدًا

Translation:“O Allah! I have named this child Mohammad.”
Whoever acts upon this will be blessed with a son. If he names him Mohammad then that child will be very blessed and if he does not

name him Mohammad then it is Allah's will whether He takes away the child or leaves him with the parents.”

3rd solution:

It is narrated in the book Wasial-u-Shia that a person came to Imam Ali Raza (A.S) and said that someone told him that if a person desires to have a son then he should decide at the time of conception that he will name the child Mohammad and as a result Allah will grant him a son. Imam Ali Raza (A.S) replied :

“When a person's wife conceives and he intends to name the child Ali, then a male child will be born.”

Then he said that “Ali Mohammad and Mohammad Ali are two names for the same thing.”

At this the man said: “ Maula! My wife is expecting, please pray that Allah gifts us with a son.”

Hazrat Imam Ali Raza(A.S) said, “Name that child Ali so that he has a long life.”

The narrator says that when we went to Mecca, a letter arrived from Madain bringing news of the birth of a son. Hazrat Imam Ali Raza (A.S) also said that “When any of the female slaves of my revered father was unable to conceive , he used to say to them to make the intention of naming the child Ali. As a result, the slave used to conceive soon and a son used to be born to her.”

4th solution:

Allama Majlisi (R.A) says in the book ‘Zad-ul-Ma'ad’ that if a woman is infertile then she should drink Ab-e-Naisan so that she can become the mother of a son. Allama Majlisi has described more than 50 characteristics of Ab-e-Naisan in Bihar-ul-Anwar and in the end of Zad-ul-Ma'ad.

Hazrat Mohammad (S.A.W.W) has said:

“If a person drinks Ab-e-Naisan with the necessary manners then

every pain in his body is relieved and this water cures many diseases of the heart like pride, greed and miserliness.” After this, the Holy Prophet (S.A.W.W) said “If a person who does not have a son, drinks Ab-e-Naisan with this specific intention, then a son will be born to him.”

Allama Majlisi says that the rainwater that falls 3 days after the day of Nauroz is the beginning of Ab-e-Naisan and the rain that falls till one month after Nauroz is considered to be the Ab-e-Naisan.

5th solution:

Allama Majlisi narrates in 'Hilyat-ul-Muttaqin' that Hashim bin Ibrahim complained to Imam Ali Raza (A.S) that I am always unwell and I do not have a son. The Imam (A.S) replied:

“At the time of prayers, recite the Azaan aloud in your home.”

When he acted upon this, he became well and was blessed with sons.

6th solution:

It is narrated in Anwar-e-Naumania and in Bihar-ul-Anwar that a person enquired of Imam Jafar Sadiq (A.S) that Maula, all my family have perished and I have no son. At this, the Imam(A.S) said:

“Bow your head in prostration and say:

قَالَ رَبِّ هَبْ لِي مِنْ لَدُنْكَ ذُرِّيَّةً طَيِّبَةً إِنَّكَ سَمِيعُ الدُّعَاءِ رَبِّ لَا
تَذَرْنِي فَرْدًا وَأَنْتَ خَيْرُ الْوَارِثِينَ -

The narrator says that he recited this supplication while prostrating and as a result, he was blessed with several sons.

7th solution:

Allama Kafamy narrates in Kitab-e-Misbah from Sheikh Tibrisi's Tafsir-e-Jamae that once Imam Hasan (A.S) visited Muawiya. When he came out, he was accompanied by Muawiya's gatekeeper who said: “ Maula! I am blessed with riches and luxuries but I have no son. Do

teach me something so that I may be blessed with a son.”

Imam Hasan (A.S) replied: عَلَيْكَ بِالْإِسْتِغْفَارِ (You should repent)

Allah blessed that gatekeeper with 10 sons. When Muawiya came to know of this, he asked the gatekeeper that what had he asked for that repentance had such an immense effect. The gatekeeper replied that when next the Imam visits, he would ask him. When next he met Imam Hasan (A.S), the gatekeeper asked him the reason why. The Imam replied: “Have you not heard Allah say:

فَقُلْتُ اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا ۝ يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا ۝ وَيُمِدُّ ذُكُّكُمْ بِأَمْوَالٍ وَبَنِينَ وَيَجْعَلُ لَكُمْ جَنَّتٍ وَيَجْعَلُ لَكُمْ أَنْهَارًا ۝

(Surah Nuh(A.S). Verses 10-12)

Translation (relevant): “Thus, repent and ask forgiveness of Allah. He will help you with your riches and with your offsprings.”

According to a hadith, this act is also narrated by Imam Jafar Sadiq (A.S) that once a person came to Imam Jafar Sadiq (A.S) and said that he had no son. The Imam (A.S) replied:

“Recite Istaghfar 100 times at sehri and if you forget, perform its qaza.”

8th solution:

Imam Mohammad Baqir (A.S) said:

“ If you desire a son, then recite day and night Subhanallah 70 times, Istaghfar 10 times, then Subhanallah 9 times and then say once Istaghfar.”

The narrator says that several people acted upon this and all were blessed with sons.

Allama Majlisi (R.A) says after narrating this hadith that saying “Astaghfirullah” is sufficient as Istaghfar in all these instances.

Problem no.95

I suffer miscarriages during pregnancy

1st solution:

Prophet Mohammad (S.A.W.W) says: “If a woman suffers miscarriage and the husband writes Surah Al-e-Imran with saffron and hangs it in his wife's neck then Allah will keep her safe from miscarriage.”

2nd solution:

Prophet Mohammad (S.A.W.W) says: “If Surah Waz-Zariyat is written and tied to the expectant mother who has difficulty in delivering, then the birth of the baby will become quick and easy.”

3rd solution:

Prophet Mohammad (S.A.W.W) says: “If Surah Haqqah is written and tied to an expectant mother, then by Allah's will, the baby in her womb will remain protected.”

4th solution:

It is narrated in a hadith of Imam Jafar Sadiq (A.S) that recitation of Surah Inshiqaq is extremely beneficial for easy delivery of the baby.

Problem no.96

Hepatitis and jaundice have become rampant

1st solution:

Hazrat Imam Jafar Sadiq (A.S) says: “When a jaundiced patient is given the water of Surah Saba to drink and this water is sprinkled on his face, then by Allah's will, his jaundice is cured.”

2nd solution:

Hazrat Imam Jafar Sadiq (A.S) says: "If a person writes Surah Al-Bayyinah and keeps it with him then if he is suffering from jaundice, he will be cured."

Problem no.97

I dread failure when initiating anything important

1st solution:

For success in important and crucial affairs, recitation of this zikr 40 times after the morning prayer (Fajr) is very beneficial:

يَا بَاسِطَ الْيَدَيْنِ بِالرَّحْمَةِ ارْحَمْنِي

2nd solution:

Recitation of Surah Nasr, 25 times is extremely beneficial for success in important matters.

3rd solution:

When initiating any important matter, recitation of the divine name

الْمُبْتَدِئُ 56 times will carry that matter definitely towards success.

4th solution:

When initiating any important matter or for any particular wish to be granted, bow the head in prostration in the last one-third of the night, with utmost devotion and concentration and beseech this supplication 40 times:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِرُوحِ عَلِيِّ ابْنِ أَبِي طَالِبٍ الَّذِي مَا أَشْرَكَ بِاللَّهِ
طَرَفَةً عَيْنٍ أَبَدًا أَنْ تَقْضِيَ حَاجَتِي.

Problem no.98

I lack foresight and am unable to predict loss

Solution:

If this Quranic verse is recited 201 times then the recitor will be able to foresee the end result of things:

أَلَمْ تَعْلَمْ أَنَّ اللَّهَ يَعْلَمُ مَا فِي السَّمَاءِ وَالْأَرْضِ إِنَّ ذَلِكَ فِي كِتَابٍ ط
إِنَّ ذَلِكَ عَلَى اللَّهِ يَسِيرًا.

Problem no.99

Upon meeting someone or upon leaving a social gathering, I regret greatly the happenings that occur there.

1st solution:

Prophet Mohammad (S.A.W.W) said: "The penalty of any gathering are these words (so that its negative impact is removed):

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ لَا إِلَهَ إِلَّا أَنْتَ رَبِّ تُبَّ عَلَيَّ وَاعْفُرْ لِي

2nd solution:

Recitation of these verses is also the penalty for the negative effects of social parties and gatherings:

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ ۝ وَسَلَامٌ عَلَى الْمُرْسَلِينَ ۝
وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ.

(Surah Saffat. Verses 180-182)

Problem no.100

I am often afflicted with migraine and headaches

1st solution:

Hazrat Imam Jafar sadiq (A.S) said: “Whenever Prophet Mohammad (S.A.W.W) was unwell or had pain in his eyes or suffered from headache, he used to raise his hands and recite Surah Hamd and Mauze-Tain (Surah Falaq and Surah Nas). He then used to rub his hands on his revered face. Whatever problem he had, he used to be cured.”

2nd solution:

Ibn-e-Mas'ud narrates from Hazrat Ali (A.S) that verses 21 to 24 of Surah Hashr are a cure for migraine and headache.

لَوْ أَنزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ لَّرَأَيْتَهُ خَاشِعًا مُّتَصَدِّعًا مِّنْ خَشْيَةِ
اللَّهِ ۖ وَتِلْكَ الْأَمْثَالُ نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ ۝ هُوَ اللَّهُ
الَّذِي لَا إِلَهَ إِلَّا هُوَ ۖ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ ۖ هُوَ الرَّحْمَنُ الرَّحِيمُ ۝
هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۖ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ
الْمُهَيَّمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ ۖ سُبْحَنَ اللَّهِ عَمَّا يُشْرِكُونَ ۝ هُوَ
اللَّهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى ۖ يُسَبِّحُ لَهُ مَا فِي
السَّمَوَاتِ وَالْأَرْضِ ۖ وَهُوَ الْعَزِيزُ الْحَكِيمُ ۝



وَتَمَّتْ كَلِمَتُ رَبِّكَ صِدْقًا وَعَدًا ۖ لَا ط

“And the words of your Lord, the Quran is
complete with respect to honesty and justice.”

